



Information for
patients and
carers

Skin Cancer Clinical Nurse Specialist Service

Introduction

A diagnosis of skin cancer can cause worry for you, your relatives or carers. The Skin Cancer Clinical Nurse Specialist (CNS) team can offer support and advice at diagnosis and any time throughout your cancer journey. Another name for a specialist nurse is a Keyworker.

Your CNS is a registered nurse who is very experienced in skin cancer care. They have the skills, knowledge and training to support you with your diagnosis. They are a member of the skin cancer multidisciplinary team (MDT) and can provide a link between you and your skin cancer doctors. The skin cancer specialist nurse team includes specialist nurses and a care co-ordinator. You may have contact with any member of the team throughout your cancer journey.

The skin cancer team members are-

Clare O'Doherty – skin cancer specialist nurse

Angela Pickup – skin cancer specialist nurse

Catherine Dobbs – skin cancer specialist nurse

Samantha Firth – skin cancer specialist nurse

Bethany Rudd – skin cancer care co-ordinator

What does the service provide?

The CNS team provide information, education, advice and support for patients, their families and carers. They can provide information about any aspect of skin cancer including:

- Different types of skin cancers
- Investigation and treatment options
- Written information on planned procedures
- Holistic needs assessment (HNA)
- Nurse led skin cancer follow up clinics
- Telephone clinics
- Advice on sun protection
- Health and wellbeing events
- Referrals to specialist services such as counselling, complimentary therapies, lymphoedema support, benefits advisors and palliative care teams.
- Referrals for support in your local area

Who can use this service?

- Any patient who has a diagnosed skin cancer
- Family and carers of any diagnosed skin cancer patients
- Other health professionals to access information and to provide a seamless pathway of care for the patient

Extra services

Holistic needs assessment (HNA) and emotional support

A cancer diagnosis can affect you in many different ways. Your specialist nurse can help you to cope with your diagnosis. She will discuss holistic needs assessment with you. A holistic needs assessment is a discussion with your doctor or nurse to talk about your physical, emotional, practical, spiritual and social needs. This will help her to understand any concerns and feelings you may have. It will also help her to identify any information and support you may need in the future. If you feel you require any extra support, please contact your CNS at any time.

Nurse led clinics

Most skin cancer patients will require regular clinic check-ups after treatment. The skin cancer specialist nurse's run a nurse led follow up clinic several times a week. Please contact your CNS if you would prefer to be seen in the nurse led follow up clinic as part of your ongoing care.

Skin cancer multidisciplinary team (MDT)

The skin cancer multidisciplinary team (MDT) is a team of experts who specialise in caring for patients with skin cancer. The MDT meets on weekly basis at Royal Preston Hospital to discuss recent investigations and treatment. If your case is discussed at the MDT meeting, a specialist nurse may contact you after the meeting to inform you if there are any changes to your treatment plan.

Contact details

If you have any questions or concerns at any time please contact your skin cancer nurse specialist nurses on 01772 522062 or 07525387668. A voicemail service is available for non-urgent messages and the specialist nurse will aim to return your call within one working day. You can also email skincancerCNSteam@lthtr.nhs.uk

Please note that this is not an emergency service and does not operate out of office hours. You should contact your GP if you need advice on the same day.

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.patient.co.uk

www.accessable.co.uk

All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

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If you want to stop smoking you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Gujarati:

આ માહિતીને સમજવામાં સહાયતા જોઈતી હોય તો કૃપાકરીને પૂછો. આ માહિતી મોટા છપાણામાં અને અન્ય ભાષામાં ઉપલબ્ધ કરી શકાય છે.

Romanian:

Vă rugăm să întrebați dacă aveți nevoie de ajutor pentru înțelegerea acestor informații. Aceste informații pot fi puse la dispoziție în format mare și în alte limbi.”

Polish:

Poinformuj nas, jeśli potrzebna jest ci pomoc w zrozumieniu tych informacji. Informacje te można również udostępnić dużym drukiem oraz w innych językach

Punjabi:

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਸਮਝਣ ਵੱਲੋਂ ਮਦਦ ਲੈਣੀ ਚਾਹੋਗੇ ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਇਸ ਬਾਰੇ ਪੁੱਛੋ। ਇਹ ਜਾਣਕਾਰੀ ਵੱਡੇ ਪ੍ਰਿੰਟ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵੱਲੋਂ ਮੁਹੱਈਆ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ।

Urdu:

دو سر ی زبانون او ر بڑی اگر آپ کو ہی معلومات سمجھنے کے لئے مدد کی ضرورت ہے تو ییچھپیا یس ییہ ابی دست بو یسکت ہے برا ے مہر یان پو ییچھدی۔ معلومات

Arabic:

مطبوعه بأ حروف كبيره و بلغات إذا كنت تريد مساعده في فهم هذه لمعلومات يُرجى أن تطلب أخرى يملكن تو فير هذه المعلومات

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