



Information for
patients and
carers

**Manipulation under Anaesthesia of
fractured nasal bones in Children**

This information leaflet is to give you information if your child needs to be admitted for manipulation of nasal bones (MUA) under anaesthesia and how to care for your child at home following surgery.

If your child has sustained a trauma to the nose it may have resulted in a fracture, this may cause swelling and possibly deformity to the nose. There may be some nasal blockage, making it harder to breathe through the nose and to clear nasal secretions.

Where there is no obstruction to nasal airflow as a result of nasal deformity. Nasal fracture may be left untreated as long as the cosmetic appearance is considered to be acceptable.

MUA of fractured nasal bones has 2 benefits:

- To straighten the nose and improve its cosmetic appearance
- To correct nasal obstruction caused by deformity

On the day of surgery

Please ensure you follow the starving instructions given to you by the waiting list office.

Your child will be admitted to the Children's Day Case Ward. Here they will be seen by a paediatric nurse who will ask some questions and take observations of blood pressure, pulse, temperature and oxygen levels.

Your child will also be seen by the anaesthetist (doctor who looks after your child whilst they are asleep) and the surgeon performing the operation.

You will be able to escort your child to Theatre accompanied by one of the team from the Children's Day Case Ward.

What happens during the operation?

During the surgery your child will be looked after by an anaesthetist, your child will be monitored closely throughout the surgery.

An instrument is used to pull the nose straight and either an external splint or tape may be placed on the nose to keep it in position and remind others to be careful not to bang or touch the nose.

Risks of surgery

Very rarely there may be some bleeding from the nose which may require packing with soft gauze.

Caring for your child at home

The operation is usually a day case so your child will be able to go home the same day. You may notice some bruising and swelling afterwards. The swelling may take up to a month to go down. If your child has any discomfort please give regular pain relief, such as paracetamol or ibuprofen. Your nurse will explain this before you go home.

Your child should refrain from forceful blowing and should be discouraged from picking their nose. If your child has any fresh or large amounts of blood please either call the ward immediately or take straight to the nearest Emergency Department.

Your child should refrain from contact sports and swimming for 2 weeks.

Contact details

Should you require further advice or information please contact:

Children's Day Case: 01772 524913 / 07783848196

After 5pm Paediatric Assessment Unit: 01772 523632

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.patient.co.uk

www.accessable.co.uk

All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

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If you want to stop smoking you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Gujarati:

આ માહિતીને સમજવામાં સહાયતા જોઈતી હોય તો ફપ|કરીને પૂછો. આ માહિતી મોટા છપાણામાં અને અન્ય ભાષામાં ઉપલબ્ધ કરી શકાય છે.

Romanian:

Vă rugăm să întrebați dacă aveți nevoie de ajutor pentru înțelegerea acestor informații. Aceste informații pot fi puse la dispoziție în format mare și în alte limbi.”

Polish:

Poinformuj nas, jeśli potrzebna jest ci pomoc w zrozumieniu tych informacji. Informacje te można również udostępnić dużym drukiem oraz w innych językach

Punjabi:

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਸਮਝਣ ਵੱਲ ਮਦਦ ਲੈਣੀ ਚਾਹੋਗੇ ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਇਸ ਬਾਰੇ ਪੁੱਛੋ। ਇਹ ਜਾਣਕਾਰੀ ਵੱਡੇ ਪ੍ਰਿੰਟ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵੱਲ ਮੁਹੱਈਆ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ।

Urdu:

دوسری زبانوں اور ریڑی اگر آپ کو ہی معلومات سمجھنے کے لئے مدد کی ضرورت ہے تو
یہی چھپا جس یہی ابی دست ہو یسکت ہے براے مہر یان پوے چھدی۔ معلومات

Arabic:

مطبوعه بأحرف كبيرة وبلغات إذا كنت تريد مساعدة في فهم هذه المعلومات يُرجى أن تطلب
أخرى يمكن تو فير هذه المعلومات

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Division: Women and Children
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