



Information for
patients and
carers

Nasal Caутery for Children

This information leaflet is to give you information if your child needs to be admitted for nasal cautery and how to care for your child at home following surgery.

If your child has been experiencing excessive, regular nose bleeds then they may need to have nasal cauterization.

This is where hot cautery is used to make a small burn sealing the blood vessels.

On the day of surgery

Please follow any starving instructions you have been sent by the waiting list office.

Your child will be admitted to the Children's Day Case Ward. Here they will be seen by a paediatric nurse who will ask some questions and take observations of blood pressure, pulse, temperature and oxygen levels.

They will also ask if your child has any allergies. **Please ensure you inform your nurse of any allergies, particularly peanut allergy.** A red name band will be given to your child to highlight any allergies.

Your child will also be seen by the anaesthetist (doctor who looks after your child whilst they are asleep) and the surgeon performing the operation.

You will be able to escort your child to Theatre accompanied by one of the team from the Children's Day Case Ward.

After the surgery

Your child will be able to eat and drink once they are fully awake. They will need to stay on the ward for a period of time to ensure they have fully recovered. The nurse looking after you will be able to tell you when you are able to go home.

Caring for your child at home

Once at home please ensure your child does not pick their nose or blow hard as this may cause bleeding to occur. Your child may be given Naseptin ointment, this will need to be applied 4 times a day into the nose to prevent infection and encourage healing. Your nurse will explain this to you.

If your child is complaining of any discomfort please give them paracetamol or ibuprofen. Again your nurse will advise you.

Contact details

Should you require further advice or information please contact:

Children's Day Case Ward: 01772 524913 / 07783848196

Paediatric Assessment Unit: 01722 523632

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.patient.co.uk

www.accessable.co.uk

All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

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Lancashire Teaching Hospitals is a smoke-free site. Smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping

smoking including Nicotine Replacement Therapy to help manage your symptoms of withdrawal.

If you want to stop smoking you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Gujarati:

આ માહિતીને સમજવામાં સહાયતા જોઈતી હોય તો ફપ||કરીને પૂછો. આ માહિતી મોટા છપાણ માં અને અન્ય ભાષામાં ઉપલબ્ધ કરી શકાય છે.

Romanian:

Vă rugăm să întrebați dacă aveți nevoie de ajutor pentru înțelegerea acestor informații. Aceste informații pot fi puse la dispoziție în format mare și în alte limbi.”

Polish:

Poinformuj nas, jeśli potrzebna jest ci pomoc w zrozumieniu tych informacji. Informacje te można również udostępnić dużym drukiem oraz w innych językach

Punjabi:

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਸਮਝਣ ਵੱਲੋਂ ਮਦਦ ਲੈਣੀ ਚਾਹੋਗੇ ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਇਸ ਬਾਰੇ ਪੁੱਛੋ। ਇਹ ਜਾਣਕਾਰੀ ਵੱਡੇ ਪ੍ਰਿੰਟ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵੱਲੋਂ ਮੁਹੱਈਆ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ।

Urdu:

دوسری زبانوں اور ریڈنگ اگر آپ کو ہی معلومات سمجھنے کے لیے مدد کی ضرورت ہے تو
یہی چھپا جس کی ابی دست ہو سکت ہے براے مہرے یان پورے چھپی۔ معلومات

Arabic:

مطبوعه بأحرف كبيرة وبلغات إذا كنت تريد مساعدة في فهم هذه المعلومات يُرجى أن تطلب
أخرى يمكن تو فير هذه المعلومات

Department: Paediatrics

Division: Women and Children

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