

Information for patients and carers

Cold Coagulation Treatment of the Cervix

A decorative graphic at the bottom of the page consisting of three overlapping, wavy bands of blue. The top band is a light blue, the middle is a medium blue, and the bottom is a dark blue.

The procedure

Cold coagulation treatment is a heat treatment used in selected cases of abnormal cervical cells. It can also be performed on women that have delicate soft cells on their cervix which bleed easily when touched (Ectropion).

During the procedure a heated probe burns away the top layers of the cervix promoting new, stronger tissue growth. Treating the abnormal cells or making the tissue less likely to bleed.

The option will be given to have the procedure with or without local anaesthetic. You may experience some mild period pain during the procedure.

Please ensure you are using an adequate form of contraception to ensure we can carry out the procedure on the day. If we cannot guarantee that you are not pregnant on the day of procedure, the treatment will be postponed.

Following this procedure:

- You may experience some discomfort or pain; this can be relieved with simple painkillers such as paracetamol or ibuprofen
- You are likely to experience a vaginal discharge. This may be pink, blood-stained or even blackish and can last two to four weeks
- Your next period may be a little heavier, or earlier, or later than usual
- Keep taking the contraceptive pill as usual. If you are not on the pill, use your normal birth control method when you start having sex again
- Problems are rare but infection can occur. You should report any signs of infection to your GP or the colposcopy clinic:
 - High temperature/fever
 - Offensive vaginal discharge
 - Bleeding that is not a period
 - Persistent pain

To avoid infection and aid healing:

- Wash or shower daily, rather than soaking in the bath
- Use non-perfumed soap
- Avoid strenuous exercise, heavy lifting and swimming for two weeks.
- Do not have penetrative sex for three weeks
- Use sanitary pads, not tampons, for your next period

Follow up

If you had this treatment due to abnormal cells, you will be sent a 6 month follow up appointment at your GP surgery/practice nurse for a repeat cervical smear and test of cure for the high-risk HPV.

If you have any further questions

Please telephone the colposcopy clinic prior to your appointment or make a note of your questions and bring them with you to your appointment.

Please advise the colposcopy department of any reasonable adjustments you may require, such as language or a British Sign Language (BSL) interpreter, wheelchair/assistance dog access or hoist. You can contact the department via telephone **01772 526415** or email colposcopy@lthtr.nhs.uk.

Contact details

Should you require further advice or information please telephone the Colposcopy office on: **01772 524615** or out of hours: **01772 524231**.

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.accessable.co.uk

www.patient.co.uk

www.nhs.uk/conditions/cervical-screening

www.webmd.com

www.jostrust.org.uk

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www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

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Please ask a member of staff if you would like help in understanding this information.

This information can be made available in large print, audio, Braille and in other languages.

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