



Information for
patients and
carers

Having a Local Anaesthetic

Information for Day Case patients

This leaflet is for any patient having an operation under local anaesthetic. It will let you know what to expect and tell you how to prepare for your operation.

What is a local anaesthetic

- Your operation will be performed under a local anaesthetic
- This involves the surgeon giving you an injection to numb a part of your skin before operating
- You will be awake throughout the operation
- You may need to arrange for someone to take you home following the procedure. You should not drive until the following day unless otherwise advised by your doctor

Preparing for the operation

- You may eat and drink normally on the day of the operation
- Please take a bath or shower on the morning of your operation
- Please remove all nail varnish before you come to the hospital and keep make up to a minimum
- Please leave all jewellery and valuables at home
- Please arrive at the hospital at the time stated in your admission letter
- If you are taking medicines you should continue to take them as usual unless your anaesthetist or surgeon has asked you not to. For example, if you take drugs to stop you from getting blood clots (anticoagulants), aspirin and drugs for diabetes or herbal remedies, you will need specific instructions

What you should bring with you

- Your hospital admission letter
- Any medicines you are taking including tablets, inhalers, patches or sprays
- A dressing gown and slippers
- Something that will help you to pass the time, such as a book or magazine. It is likely that you will need to wait for your operation. Please be prepared to stay all day. Unfortunately, delays are sometimes unavoidable

What will happen on the day

- A nurse will discuss your operation, answer your questions and prepare you for surgery
- You may be asked to sign a consent form by the surgical team if you have not already done so
- You may be offered refreshments depending on the procedure

Going home

- Any numbness should wear off over a period of 3 to 6 hours
- If you experience pain after this, you could take a mild pain killer such as Paracetamol. Please avoid taking aspirin based pain killers. Please ensure that you have a supply of pain killers at home
- Before you go home you will be given information about future appointments and how to look after your wound
- Please do not go to work on the day of your operation and ask your surgeon if you need to take any further time away from work

Contact details

Should you require further advice or information please contact:

Day Case Unit – Chorley (8am – 8pm Mon to Fri)

01257 245748

01257 245933

Ward 4 01772 522244

Charles Beard Theatre/Dressing Clinic 01772 523542

Trauma coordinator 01772 524394

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.patient.co.uk

www.accessable.co.uk

www.rcoa.ac.uk/patient-information

All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

Lancashire Teaching Hospitals NHS Foundation Trust is not responsible for the content of external internet sites.

Lancashire Teaching Hospitals is a smoke-free site. Smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking this will include Nicotine Replacement Therapy to help manage your symptoms of withdrawal and the opportunity to speak to a nurse or advisor from the specialist Tobacco and Alcohol Care Team.

If you want to stop smoking, you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Gujarati:

આ માહિતીને સમજવામાં સહાયતા જોઈતી હોય તો કૃપા કરીને પૂછો. આ માહિતી મોટા છપાણ માં અને અન્ય ભાષામાં ઉપલબ્ધ કરી શકાય છે.

Romanian:

Vă rugăm să întrebați dacă aveți nevoie de ajutor pentru înțelegerea acestor informații. Aceste informații pot fi puse la dispoziție în format mare și în alte limbi.”

Polish:

Poinformuj nas, jeśli potrzebna jest ci pomoc w zrozumieniu tych informacji. Informacje te można również udostępnić dużym drukiem oraz w innych językach

Punjabi:

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਸਮਝਣ ਵੱਲੋਂ ਮਦਦ ਲੈਣੀ ਚਾਹੋਗੇ ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਇਸ ਬਾਰੇ ਪੁੱਛੋ। ਇਹ ਜਾਣਕਾਰੀ ਵੱਡੇ ਪ੍ਰਿੰਟ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵੱਲੋਂ ਮੁਹੱਈਆ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ।

Urdu:

دوسری زبانوں اور ریڑی اگر آپ کو ہی معلومات سمجھنے کے لیے مدد کی ضرورت ہے تو یئچھیا جس یبھ ابی دست بو یسکت ہے برا ئے مہر یان پو ے یچھہی۔ معلومات

Arabic:

مطبوعة بأحرف كبيرة و بلغات إذا كنت تريد مساعدة في فهم هذه المعلومات يرجى أن تطلب أخرى يمكن تو فسير هذه المعلومات

Department: Anaesthesia

Division: Surgery

Production date: September 2022

Review date: September 2025

JR 861 v1