



Information for
parents and
carers

Local Anaesthetic

Introduction

Your child is to have surgery under local anaesthetic. This leaflet will give you advice and information regarding this procedure.

What is a local anaesthetic?

Anaesthesia stops the feeling of pain and other sensations. Local anaesthetic involves an injection that numbs a small part of the body.

Your child will stay awake throughout the procedure.

Before coming to hospital

You will have seen a doctor in the clinic and been advised that your child can have a local anaesthetic for the operation.

Please ensure that you and your child are aware of the procedure and that your child is happy to be awake throughout the procedure.

Your child will be able to eat and drink normally.

If your child takes medicines give them at normal times.

Please ask your child to remove all jewellery, make-up and nail varnish. If you would like to visit the ward or talk to a nurse please contact ward 8.

On the day of admission

A local anaesthetic cream may be applied to the area to be operated before surgery. This cream numbs the area and helps to stop your child feeling the local anaesthetic injection. There may still be a pushing

sensation, but the stinging will be reduced. It is therefore important that you arrive on the ward on time so that the cream has time to work. A consent form will need to be signed.

A mark to identify the area to be operated upon will be made with a skin marker pen by the surgical team.

Going to the operating theatre

You may be able to go into the operating theatre with your child. This will depend on the Surgeon. Otherwise, you will be able to wait in a waiting area nearby or back on the ward.

Your child may be able to take their personal music player (phone/iPod) from the ward to listen to music whilst the procedure is being done. This depends on the area to be operated on and the surgeon involved.

Explain to your child that when the local anaesthetic injection is given, they will feel a warm tingling feeling as the anaesthetic starts to take effect.

Your child will not be able to see the operating area as they may wear goggles or screens will be put up.

The surgeon will wait a few minutes for the injection to take effect.

The nurses and surgeon will chat to your child and there may be music on in the theatre.

The length of time depends on the operation.

After the operation

Your child will have a feeling of numbness in the operated area for a few hours.

Your nurse will offer food and drink before you go home.

Your child may feel dizzy so food and drink may help this.

The nurse will give you an out-patient appointment and sort out a dressing appointment, as required.

Caring for your child at home

Please ensure your child rests for the rest of the day at home after the procedure. Please ask your nurse for advice about your child returning to school and other activities as this depends on the type of surgery they have had.

Your child can eat and drink as normal.

The local anaesthetic numbness will wear off after a few hours.

You can give your child painkillers as required.

Please keep the wound site clean and dry as advised by your nurse.

Please take extra care to protect the numb part of the body from injury until sensation returns e.g.no hot water bottles.

Benefits and risks of a local anaesthetic

Your child will be able to eat and drink and should recover quickly afterwards.

Very rarely 1:20,000 [one person in twenty thousand] an allergic reaction may occur.

Contact details

If you have any concerns please call Ward 8 on 01772 522245.

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.patient.co.uk

www.accessable.co.uk

All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

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If you want to stop smoking you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Gujarati:

આ માહિતીને સમજવામાં સહાયતા જોઈતી હોય તો કૃપા કરીને પૂછો. આ માહિતી મોટા છપાણામાં અને અન્ય ભાષામાં ઉપલબ્ધ કરી શકાય છે.

Romanian:

Vă rugăm să întrebați dacă aveți nevoie de ajutor pentru înțelegerea acestor informații. Aceste informații pot fi puse la dispoziție în format mare și în alte limbi.”

Polish:

Poinformuj nas, jeśli potrzebna jest ci pomoc w zrozumieniu tych informacji. Informacje te można również udostępnić dużym drukiem oraz w innych językach

Punjabi:

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਸਮਝਣ ਵੱਲ ਮਦਦ ਲੈਣੀ ਚਾਹੋਗੇ ਤਾਂ ਕਰਿਖਾ ਕਰਕੇ ਇਸ ਬਾਰੇ ਪੁੱਛੋ। ਇਹ ਜਾਣਕਾਰੀ ਵੱਡੇ ਪ੍ਰਿੰਟ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵੱਲ ਮੁਹੱਈਆ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ।

Urdu:

دو سر ی زبانوں او ر بڑی اگر آپ کو ہی معلومات سمجھنے کے لیے مدد کی ضرورت ہے تو یئچھیا یں یبھ ابی دست بو یسکت ہے برا ئے مہر یان پو ئے چھو۔ معلومات

Arabic:

مطبوعه بأ حروف كبيره و بلغات إذا كنت تريد مساعده في فهم هذه لمعلومات يُرجى أن تطلب أخرى يمانن تو فير هذه المعلومات

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