



Information for  
patients and  
carers

**Contraception advice  
following the  
Administration of Sugammadex**

## What is Sugammadex?

Commonly, as part of your anaesthetic, medicines are given to relax your muscles to give the surgeon the best conditions for operating. The anaesthetic medicines give the anaesthetist the ability to take care of your breathing under anaesthesia. At the end of your operation, the action of these medicines needs to be reversed before you wake up. One of these 'reversal' medicines which you have been given today is called Sugammadex (or sometimes it can be referred to as Bridion®). The drug Sugammadex may interact with your contraception due to its effect on the hormone progesterone. This may temporarily increase the risk of pregnancy.

### If you take the oral contraceptive pill:

- The combined oral contraceptive 'pill'
- The progesterone only contraceptive 'mini-pill'

**If you have taken your pill this morning and have been given Sugammadex, it is the equivalent to one missed pill. Please follow the missed pill advice in the package leaflet of the oral contraceptive.**

### If you use any other hormonal contraception:

- Contraceptive implant
- Hormonal intrauterine system (IUS) (mirena coil)
- Depo-provera (injecton)
- Vaginal ring

You must use a barrier method of contraception, such as condoms, for the next 7 days and follow the advice in the package leaflet of the contraceptive product.

## For more information:

Information can be found here:

<https://bnf.nice.org.uk/interactions/sugammadex/>

For further contraceptive advice please contact your GP

## Contact details

Should you require further advice or information please contact:

Department of Anaesthesia: 01772 522555

## Sources of further information

[www.lancsteachinghospitals.nhs.uk](http://www.lancsteachinghospitals.nhs.uk)

[www.nhs.uk](http://www.nhs.uk)

[www.accessable.co.uk](http://www.accessable.co.uk)

[www.patient.co.uk](http://www.patient.co.uk)

<https://bnf.nice.org.uk/interactions/sugammadex/>

All our patient information leaflets are available on our website for patients to access and download:

[www.lancsteachinghospitals.nhs.uk/patient-information-leaflets](http://www.lancsteachinghospitals.nhs.uk/patient-information-leaflets)

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Lancashire Teaching Hospitals is a smoke-free site. Smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking this will include Nicotine Replacement Therapy to help manage

your symptoms of withdrawal and the opportunity to speak to a nurse or advisor from the specialist Tobacco and Alcohol Care Team.

If you want to stop smoking, you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

**Gujarati:**

આ માહિતીને સમજવામાં સહાયતા જોઈતી હોય તો કૃપા કરીને પૂછો. આ માહિતી મોટા છપાણામાં અને અન્ય ભાષામાં ઉપલબ્ધ કરી શકાય છે.

**Romanian:**

Vă rugăm să întrebați dacă aveți nevoie de ajutor pentru înțelegerea acestor informații. Aceste informații pot fi puse la dispoziție în format mare și în alte limbi.”

**Polish:**

Poinformuj nas, jeśli potrzebna jest ci pomoc w zrozumieniu tych informacji. Informacje te można również udostępnić dużym drukiem oraz w innych językach

**Punjabi:**

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਸਮਝਣ ਵੱਲ ਸਹਾਇਤਾ ਲੈਣੀ ਚਾਹੋਗੇ ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਇਸ ਬਾਰੇ ਪੁੱਛੋ। ਇਹ ਜਾਣਕਾਰੀ ਵੱਡੇ ਪ੍ਰਿੰਟ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵੱਲ ਮੁਹੱਈਆ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ।

**Urdu:**

دو سر ی زبانوں او ر بڑی اگر آپ کو ہی معلومات سمجھنے کے بے ل مدد ی ضرورت ہے تو ییچھیہا یں یبھ ابی دست بو یسکت ہے برا ئے مہر یان پو ے یچھہ ی۔ معلومات

**Arabic:**

مطبوعه بأحر ف كبیر ة و بلغات إذا كنت تر يد مسا عدة فی فهم هذه لمعلو مات یُر جی أن. تطلب آخری بملكن تو فسیر هذه المعلو مات

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**Division:** Surgery

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