



Information for  
patients and  
carers

## Discharge Following a Gastroscopy

Patient's Name: \_\_\_\_\_

Date: \_\_\_\_\_

Sedation: Yes / No

Throat Spray: Yes / No

Drugs given: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**For 24 hours after the sedation you must not:**

- drive a car
- operate machinery
- drink alcohol
- sign legally binding documents

Please ensure you have a responsible adult with you for the next 24 hours.

You can eat and drink as normal from \_\_\_\_\_ starting with sips of water.

You may experience some bloating, but this should settle when you start moving around. Your throat may also feel uncomfortable for 24 hours. If you experience severe pain or discomfort in your neck, chest, or abdomen, you must contact one of the telephone numbers listed in the following pages.

**Results of your examination:**

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Do you have access to a computer and internet access Yes / No

For information about the results please visit [www.gutscharity.org.uk](http://www.gutscharity.org.uk)

Leaflets can be printed on request.

**Follow up:**

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If you have had any samples taken today your consultant will let you know the results within 6-8 weeks or contact your GP.

If you have been diagnosed as having a **Gastric Ulcer, Barrett's Oesophagus or Oesophagitis** and you require a repeat gastroscopy, please do not stop your medication e.g. Lansoprazole or Omeprazole until you have had your repeat procedure. You may need to see your G.P for a repeat prescription.

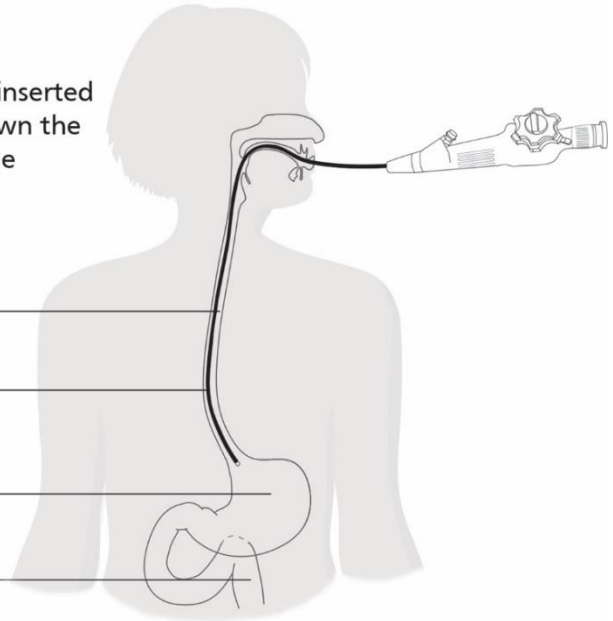
The endoscopic tube is inserted through the mouth, down the oesophagus and into the stomach

Oesophagus

Endoscope

Stomach

Duodenum  
(part of the  
small bowel)



For advice during the 24 hours following your procedure please contact:

**Endoscopy - Preston 01772 524958** (08:00 – 18:00 Monday – Friday)

**Endoscopy - Chorley 01257 245649** (08:00 – 18:00 Monday – Friday)

Out of hours please ring **Gastroenterology ward on 01772 522319**

**After 24 hours please contact your GP or local Emergency Department.**

## Contact details

Should you require further advice or information please contact

**Endoscopy - Preston 01772 524958** (08:00 – 18:00 Monday – Friday)

**Endoscopy - Chorley 01257 245649** (08:00 – 18:00 Monday – Friday)

## Sources of further information

[www.lancsteachinghospitals.nhs.uk](http://www.lancsteachinghospitals.nhs.uk)

[www.nhs.uk](http://www.nhs.uk)

[www.accessable.co.uk](http://www.accessable.co.uk)

[www.patient.co.uk](http://www.patient.co.uk)

[www.gutscharity.org.uk](http://www.gutscharity.org.uk)

All our patient information leaflets are available on our website for patients to access and download:

[www.lancsteachinghospitals.nhs.uk/patient-information-leaflets](http://www.lancsteachinghospitals.nhs.uk/patient-information-leaflets)

**Lancashire Teaching Hospitals NHS Foundation Trust is not responsible for the content of external internet sites.**

Lancashire Teaching Hospitals is a smoke-free site. Smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking this will include Nicotine Replacement Therapy to help manage your symptoms of withdrawal and the opportunity to speak to a nurse or advisor from the specialist Tobacco and Alcohol Care Team.

If you want to stop smoking, you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

**Gujarati:**

આ માહિતીને સમજવામાં સહાયતા જોઈતી હોય તો કૃપા કરીને પૂછો. આ માહિતી મોટા છપાણામાં અને અન્ય ભાષામાં ઉપલબ્ધ કરી શકાય છે.

**Romanian:**

Vă rugăm să întrebați dacă aveți nevoie de ajutor pentru înțelegerea acestor informații. Aceste informații pot fi puse la dispoziție în format mare și în alte limbi.”

**Polish:**

Poinformuj nas, jeśli potrzebna jest ci pomoc w zrozumieniu tych informacji. Informacje te można również udostępnić dużym drukiem oraz w innych językach

**Punjabi:**

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਸਮਝਣ ਵੱਲੋਂ ਮਦਦ ਲੈਣੀ ਚਾਹੋਗੇ ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਇਸ ਬਾਰੇ ਪੁੱਛੋ। ਇਹ ਜਾਣਕਾਰੀ ਵੱਡੇ ਪ੍ਰਿੰਟ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵੱਲੋਂ ਮੁਹੱਈਆ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ।

**Urdu:**

دوسری زبانوں اور بڑی اگر آپ کو ہی معلومات سمجھنے کے لئے مدد کی ضرورت ہے تو  
یچھپایا جس یہ ابی دست ہو سکت ہے براے مہر ی بان پو ری چھہی۔ معلومات

**Arabic:**

مطبوعه با حرف كبيره و بلغات اذا كنت تريد مساعده في فهم هذه لمعلومات يرجى ان تطلب  
اخرى يمكن تو فير هذه المعلومات

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**Division:** Diagnostics and Clinical Support  
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