



Information for
patients and
carers

Isotretinoin – What Happens Next?

Dermatology Department

What to do now:

Please book your telephone clinic appointment at reception

You will then be contacted on this date and time.....

- Please note that the number used to contact you will show as a withheld number
- You will need to be available to answer your phone for up to half an hour commencing from your appointment time.
- If you fail to answer your phone (answer machine does not count) on the booked appointment, you will be discharged

You should have the following information for when we ring:

FEMALE PATIENTS

- The date of the 1st day of menstruation for each period of the next 4 months (where periods are regular enough to predict such)
- Patient information given to you by consultant
- Blood forms given to you by consultant

MALE PATIENTS

- Patient information given to you by consultant
- Blood forms given to you by consultant

Follow up appointments will be arranged at this time, and you will be informed when to have your blood test taken.

Relevant Information for future blood tests or clinic visits:

FEMALE PATIENTS

- Fasting bloods means plain water can be drunk from 11pm at night until bloods are taken the following morning – no food or any other drinks
- Appointments for follow up will be 4 weekly with the Dermatology Specialist Nurse, with repeat blood test or urine pregnancy test - you will be advised at your clinic appointment when this test should take place
- You need to have your bloods taken at Chorley Hospital or Preston Hospital (not your GP or other venue) so the results are accessible. Please do not have your bloods taken until discussed at the telephone clinic

MALE PATIENTS

- Fasting bloods means plain water can be drunk from 11pm at night until bloods are taken the following morning – no food or any other drinks
- Appointments for follow up will be 8 weekly with the Dermatology Specialist Nurse, with repeat fasting blood test – you will be advised at your clinic appointment when this test should take place
- You need to have your bloods taken at Chorley Hospital or Preston Hospital (not your GP or other venue) so the results are accessible. Please do not have your bloods taken until discussed at the telephone clinic

IF YOU DO NOT HAVE THE BLOOD TEST AS AGREED ON THE TELEPHONE (CONSULTATION) NO PRESCRIPTION CAN BE ISSUED

Contact details

Should you require further advice or information please contact the Dermatology Department Nursing Team on **01257 247648**

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.accessable.co.uk

www.patient.co.uk

Lancashire Teaching Hospitals NHS Foundation Trust is not responsible for the content of external internet sites.

All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

Lancashire Teaching Hospitals is a smoke-free site. Smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking this will include Nicotine Replacement Therapy to help manage your symptoms of withdrawal and the opportunity to speak to a nurse or advisor from the specialist Tobacco and Alcohol Care Team.

If you want to stop smoking, you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

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