



Information for
patients and
carers

EMLA Cream

Dermatology Department

What is EMLA Cream

EMLA cream is used as a local anaesthetic to numb the area ready for an injection or a small operation.

Advice

- If you would like our nursing staff to apply your EMLA cream, it will be necessary to arrive in the department 1½ hours prior to your appointment time
- If applying the cream yourself, please apply 1 hour before your appointment time
- For the cream to be of use it needs to be applied liberally, as per the instructions on the pack – these can be found on www.medicines.org.uk/emc/files/pil.7994.pdf
- A clear dressing is supplied, put this over the cream as it protects your clothes and other areas of your skin

Contact details

Should you require further advice or information please contact the Dermatology Department Nursing Team on **01257 247648**

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.accessable.co.uk

www.patient.co.uk

Lancashire Teaching Hospitals NHS Foundation Trust is not responsible for the content of external internet sites.

All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

Lancashire Teaching Hospitals is a smoke-free site. Smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking this will include Nicotine Replacement Therapy to help manage your symptoms of withdrawal and the opportunity to speak to a nurse or advisor from the specialist Tobacco and Alcohol Care Team.

If you want to stop smoking, you can also contact the Quit Squad Freephone 0800 328 6297.

Please ask if you would like help in understanding this information. This information can be made available in large print and in other languages.

Department: Dermatology
Division: Surgery
Production date: July 2023
Review date: July 2026
JR 1001 v1