



Information for
patients and
carers

Colon Capsule Endoscopy

Discharge information leaflet

Patient Name: _____

Date: _____

After the Colon Capsule Endoscopy

- You can go home as soon as your test is completed
- Please remain active (normal daily routine) as this will make the capsule move quicker through your bowel
- Please follow the 'Alert Guidance'
- If you vomit the Gastrografin and have no other symptoms, please continue to drink the amount of water you have been told to take on the alert guidance. **You do not need to inform us**
- If at any point you feel feverish and have severe abdominal pain with vomiting, please go to the Emergency Department and tell them you have had a colon capsule endoscopy
- It is very unlikely you will experience any other symptoms, however if you experience any severe pain or bleeding, abdominal pain, vomiting or feeling feverish then please do not hesitate to go Urgent Care or the Emergency Department
- If you do not think the capsule has passed through your body in the 2 days after your procedure, please contact us. and we may arrange for you to have an abdominal x-ray the following week to see if is still in the bowel

Your results

Once your report has been created, you will either be contacted by the endoscopy booking team, should you need any follow up treatment, or you will receive a letter from your consultant with the results.

Please **do not** contact the clinical endoscopist team regarding the results. It may take several weeks for results to be returned.

Endoscopy Equipment

Please bring the equipment back either later today if the capsule has passed, or tomorrow to the **Endoscopy Unit at Chorley Hospital Level 3**. Unless a separate arrangement has been made for you to take the equipment back to the **Endoscopy Unit at Royal Preston Hospital**.

Contact details

Should you require further advice or information please contact Clinical Endoscopist Team on 01257 247108 or 07784 225603.

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.accessable.co.uk

www.patient.co.uk

Lancashire Teaching Hospitals NHS Foundation Trust is not responsible for the content of external internet sites.

All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

Lancashire Teaching Hospitals is a smoke-free site. Smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking this will include Nicotine Replacement Therapy to help manage your symptoms of withdrawal and the opportunity to speak to a nurse or advisor from the specialist Tobacco and Alcohol Care Team.

If you want to stop smoking, you can also contact Smokefree Lancashire on Freephone **08081962638**

Please ask a member of staff if you would like help in understanding this information.

This information can be made available in large print, audio, Braille and in other languages.

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Division: Diagnostic and Clinical Support Division

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