



Information for
patients and
carers

Capsule Sponge

Discharge information leaflet

Patient Name: _____

Date: _____

After the capsule sponge

- You can go home straight after your test is completed
- If you have had a local anaesthetic spray, this will have caused numbing in your throat which will soon go away
- For safety reasons do not to eat or drink for 1 hour after the test. After this you can eat and drink as normal
- If you have a sore throat after the test, suck a throat lozenge or sweet and take simple painkillers like paracetamol if needed
- If your heartburn symptoms become worse, you should continue to take your heartburn medication as prescribed
- It is very unlikely you will experience any other symptoms, however if you experience any severe pain or bleeding you should contact the clinic using the contact details on your referral letter. Outside normal opening times, please call 111 telling them that you have had a capsule sponge test

Your results

The sample that you supply will be looked at in a laboratory and tested by clinical or research teams to look for any sign of inflammation or cancerous changes.

The results of the test will be sent to your healthcare professionals who will share the results with you in about 6-8 weeks following your procedure and any necessary treatment will be discussed with you.

Any additional information:

Blood Thinning Medication

Warfarin

If your INR is within your target range, then continue with your usual dose. If you are unsure, please contact your anticoagulant nurse.

Anti-Platelet Medication

Continue your normal dosage of clopidogrel, aspirin, prasugrel, ticagrelor and other anti-platelet, please continue your normal dose of medication.

Other anticoagulants

Rivaroxaban, Apixaban, Edoxaban, Dabigatran, please restart your medication the day after your capsule sponge test. Continue with your usual dose.

Contact details

Should you need further advice or information please contact Clinical Endoscopist Team on **01257 247108** or **07784 225603**

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.patient.co.uk

www.nhs.uk
www.accessable.co.uk
www.heartburncanceruk.org

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All our patient information leaflets are available on our website for patients to access and download

[:www.lancsteachinghospitals.nhs.uk/patient-information-leaflets](http://www.lancsteachinghospitals.nhs.uk/patient-information-leaflets)

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Please ask a member of staff if you would like help in understanding this information.
This information can be made available in large print, audio, Braille and in other languages.

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