

Information for patients and carers

Day Phasing

Glaucoma service

A decorative graphic at the bottom of the page consisting of three overlapping, wavy bands of blue. The top band is a light blue, the middle is a medium blue, and the bottom is a dark blue.

What is day phasing?

Day phasing is the measurement of your eye pressure, which takes place at two hourly intervals during the day. You will be asked to attend the hospital at 10.00 am and will be able to leave by approximately 16.00 pm.

Why do I need day phasing?

The pressure of your eye can vary, sometimes quite significantly during the day. If your eye pressures are borderline or if your glaucoma is progressing despite normal eye pressure measurements in clinic, it might be necessary to assess your eye pressure over a whole day. The doctor will review the day's measurements and decide on the most appropriate treatment for you.

What is expected of me during the day phasing appointment?

Please bring with you and take as normal, any eye drops and medications that you usually take during the day. You will need to ensure that you are available for all eye pressure measurements and any other investigations which are booked throughout the day. The practitioner in clinic will inform you of the timings of these. We encourage you to discuss any questions or concerns you might have regarding your eye condition or eye drops with the nurse.

Where do I attend?

The majority of day phasing occurs at the Lancashire Eye Centre in Chorley & South Ribble District Hospital; however it could possibly be

carried out at the Royal Preston Hospital. This will be discussed with you by the phasing co-ordinator.

Contact details

Should you require further advice or information please contact the phasing coordinator either via telephone Monday-Wednesday and Friday between 8-4 on **01257 245348** or alternatively by email ophthalmologyphasingbookings@lthtr.nhs.uk

Follow us on social media @lancshospitals and @EyeLthtr
Lancashire Teaching Hospitals NHS Foundation Trust is not responsible for the content of external internet sites.

All our patient information leaflets are available on our website for patients to access and download:
www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

Lancashire Teaching Hospitals is a smoke-free site. Smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking this will include Nicotine Replacement Therapy to help manage your symptoms of withdrawal and the opportunity to speak to a nurse or advisor from the specialist Tobacco and Alcohol Care Team.

If you want to stop smoking, you can also contact Smokefree Lancashire on Freephone **08081962638**

**Please ask a member of staff if you would like help in understanding this information.
This information can be made available in large print, audio, Braille and in other languages.**

Department: Ophthalmology
Division: Surgery - Head and Neck
Production date: 12 January 2024
Review date: 12 January 2027
JR 1091 v1