

Clinical research information for patients and carers

The Centre for Health Research and Innovation

NHIR Lancashire Clinical Research Facility



Research and you

The purpose of this leaflet is to inform patients and carers of the importance of research, and to raise awareness of the value of research and innovation in helping us achieve our aim of improving health services for everyone. We would especially like to highlight the importance of public involvement in research, so that research is done actively with the public or by the public rather than to them, about them or for them.

Introduction

Here at Lancashire Teaching Hospitals, we are committed to improving healthcare across our region through research and innovation. The well-established centre for health research and innovation supports the design, conduct and delivery of clinical trials across the trust. We have over 200 ongoing studies covering many types of research across many different medical conditions. We aim to offer patients the opportunity to be involved in trials of new treatments, as well as studies involving questionnaires and interviews looking at their quality of life and service improvements.

Before it begins, all research involving NHS staff, facilities, service users, patients, their carers, or relatives will always have been approved by an independent research ethics committee and other regulatory authorities and will have been reviewed by the trust to ensure that it is safe and appropriate to conduct.

Should you be interested in finding out about what clinical trials may be available to you and how to find out more information please refer to the contact details below.

New and innovative treatments for patients - The role of the NIHR Lancashire Clinical Research Facility (LCRF)

The National Institute for Health and Care Research (NIHR) Lancashire Clinical Research Facility (LCRF) is the only centre in Lancashire and South Cumbria supporting the delivery of early-phase experimental medicine and complex clinical studies. That is, looking to test and provide new and innovative treatments for patients.

The facility conducts research across a wide variety of medical fields; with their main priority areas being Cancer, Neurology (including Dementia) and Mental Health.

The LCRF is in a purpose-built unit located within the Avondale Unit at Royal Preston Hospital. In the facility we have highly trained nurses, scientists, doctors, and support staff dedicated to research. Our research facilities include a bespoke ward, consulting rooms, a laboratory and specialist equipment.

The LCRF aims to improve patient care by increasing understanding of the causes of disease and improving diagnosis and treatment.



Patient and Public Involvement and Engagement (PPIE)

A wide variety of different patients take part in our research studies. This includes males and females, young and old, all ethnic groups and patients with a variety of medical conditions.



Clinical research provides the only reliable evidence for safe, effective healthcare and without patient and public volunteers this evidence can't be gained.

Our aim is to have members of the public actively involved in our research projects. To support our aim, we have established a Lay Research Group (LRG) to ensure that we represent the patient and public's opinions. LRG involvement in research studies is important as it demonstrates that the research has been discussed /designed with patients in mind, questions are relevant to patients and that plans to involve patients are appropriate.

We are actively looking to recruit new volunteer members to the LRG. If this is something that is of interest to you, please contact Research & Innovation PPIE Co-ordinator on **01772 522031**.

If you want to find out more about what trials are open in the Preston area, please click on the QR link. You can amend the search criteria for different locations, specific conditions. You can also register and tell them what health conditions you are interested in. NIHR will match you to suitable studies and send you information on how to take part.



Contact details

Should you require further advice or information about potentially taking part in research trials please contact:

Your nursing team who will refer your interest to their Research Champion.

The Centre for Health Research and Innovation – **01772 522031**

National Institute for Health and Care Research (NIHR)

Sources of further information

www.lancsteachinghospitals.nhs.uk

www.nhs.uk

www.accessable.co.uk

www.patient.co.uk

www.nihr.ac.uk

<https://www.lancsteachinghospitals.nhs.uk/our-services?service=72>

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All our patient information leaflets are available on our website for patients to access and download:

www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

Lancashire Teaching Hospitals is a smoke-free site. Smoking is not permitted anywhere on any of our premises, either inside or outside the buildings. Our staff will ask you about your smoking status when you come to hospital and will offer you support and advice about stopping smoking this will include Nicotine Replacement Therapy to help manage your symptoms of withdrawal and the opportunity to speak to a nurse or advisor from the specialist Tobacco and Alcohol Care Team.

If you want to stop smoking, you can also contact Smokefree Lancashire on Freephone **08081962638**

Please ask a member of staff if you would like help in understanding this information.

This information can be made available in large print, audio, Braille and in other languages.

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