

Information for patients and carers

Gynaecology Oncology Clinical Nurse Specialist (CNS) Service

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The Gynae-oncology Nurse Specialist works as a key member of the multi-disciplinary team (MDT) involved in your care. You may also hear them referred to as your "key worker." They can provide expert knowledge in the care of a person with gynaecological cancers.

They are available to listen to your concerns and provide support and information for both you and your family/carer. This service is available from your initial diagnosis, throughout your treatment and follow- up, until no longer wanted or required.

We can offer specialist advice on:

- Surgery
- Chemotherapy
- Radiotherapy
- Psychosexual issues
- Support agencies
- HRT and menopause information
- Fertility and infertility advice or information
- Respite care
- Lymphoedema
- Finance
- Homecare
- Hospice care
- Pain and symptom control
- Local and national services

We can also signpost to services that can offer support or care that the CNS service is unable to offer.

You may meet your nurse specialist:

- At the outpatient clinic
- At the pre-operative clinic
- On the ward

Confidentiality

Confidentiality is always maintained. We recognise that each patient and their family will have their own personal needs. All contacts with your CNS will be treated in the strictest confidence.

Further support

If you or any member of your family (with your permission) would like further information about your condition or your treatment or if you have any concerns or need further support, you can contact your clinical nurse specialist.

Please note that if a member of your family or support network contacts us to discuss your care we will need to contact you to obtain permission,

Contact details

The Gynae-Oncology CNS team can be contacted on 01772 524211 - Monday to Friday (8:30am to 4:30pm).

Please note that the service does not provide emergency care.

If you are unwell receiving chemotherapy, we recommend you contact the Chemotherapy helpline first on 01772 523205.

Sources of further information

www.lancsteachinghospitals.nhs.uk www.nhs.uk www.accessable.co.uk www.patient.co.uk

Macmillan Cancer Support

89 Albert Embankment London SE1 7UQ Tel: 0808 808 2020 www.macmillan.org.uk

Ovacome (Ovarian Cancer Support Group)

52 – 54 Featherstone Street London EC1Y 8RT Freephone: 0800 008

7054 Tel: 0207 299 6654 Email: support@ovacome.org.uk

www.ovacome.org.uk

Target Ovarian Cancer

2 Angel Gate, London EC1V 2PT Tel: 020 7923 5470 www.targetovariancancer.org.uk

The Eve Appeal

15B Berghem Mews Blythe Road London W14 0HN Tel: 020 7605 0100 www.eveappeal.org.uk

Cancer Help Preston (Cancer Advice, Information and Day Centre) Vine House 22 Cromwell Road, Ribbleton Preston Tel: 01772 793344 www.cancerhelppreston.co.uk

Cancer Help Preston (Cancer Advice, Information and Day Centre) Croston House 113 Croston Road, Garstang PR3 1HB

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www.lancsteachinghospitals.nhs.uk/patient-information-leaflets

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If you want to stop smoking, you can also contact Smokefree Lancashire on Freephone **08081962638**

Please ask a member of staff if you would like help in understanding this information.

This information can be made available in large print, audio, Braille and in other languages.

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