

TRUST Matters

News • Awards • Membership • Governors • Information • and much more...



**Help us help
you get
the treatment
you need.**

If you need medical help you should still contact your GP practice, use NHS 111 online or call 111.

If you are told to go to hospital it is important that you go to hospital.

We'll give you the care you need.



“At what is a challenging time for health and care, I am really enjoying getting to know our organisation, meeting members of staff and hearing their views, and developing my relationships with key partners across Lancashire.”

Welcome to our latest edition of Trust Matters

Dear Foundation Trust Members, welcome to the latest edition of Trust Matters, the publication designed to keep you informed of all the newest developments at our hospitals.

I'd like to start by introducing myself as your new Chair and saying a big thank you to Vice Chair Tim Watkinson, who kindly stepped in until my appointment in December 2019.

Here's a bit about me.

I am currently Pro Vice-Chancellor at the University of Central Lancashire having enjoyed a career in higher education spanning 22 years. I chair the University's Research Ethics and Integrity Committee and I am responsible for the University's Campus in Burnley. I have served as a Vice Chair of a Primary Care Trust and as a Non-Executive Director of an NHS Foundation Trust.

This year is International Year of the Nurse and Midwife, and we will be celebrating all of the wonderful nurses and midwives across our Trust to mark the occasion. Staff continue to receive numerous, prestigious awards for their contribution to improving patient care, while ongoing projects such as our fantastic Maternity Ward television programme and the Critical Care unit expansion are really drumming up a buzz across the organisation.

Inside this edition, you will find the latest update from our governors, including details of our Elections to the Council of Governors 2020, the opportunity to become a voice for your community and have the chance to make a real difference.

At what is a challenging time for health and care, I am really enjoying getting to know our organisation, meeting members of staff and hearing their views, and developing my relationships with key partners across Lancashire.

Finally, I'd like to thank you for your continued support and taking the time to read all about what's happening at our hospitals. I am really proud to have joined such a fantastic organisation.

Best wishes,

Dr Ebrahim Adia, Chair



Key news

Following the departure of Joanne Platt, Dave Pilsbury, Director of Governance, will fulfil the role of Company Secretary until we go out to formal recruitment in the Autumn. We know you will join us in thanking Joanne for her contribution and wishing her all the best for the future, as well as providing a warm welcome to Dave.

Since March 2020 the main focus of the Executive team has been our trust wide response to the pandemic.

This is a concerning time, but we can assure you that our hospitals are focused on maintaining safe and professional standards of care. The wellbeing of staff and patients remains at the heart of all we do.

Our planning, operational and clinical teams are working to ensure that we remain ready for any eventuality. The situation is undoubtedly challenging but we are confident that we have the capacity to cope.

As part of our resilience planning, the emergency department at Chorley and South Ribble Hospital has been temporarily closed and replaced by a 24/7 urgent care service, which will meet the needs of the vast majority of those who normally attend the emergency department. This service is being provided by a combination of healthcare professionals including ambulatory care, the elderly care team, GPs and specialist surgical teams.

We've been very clear that this is a temporary measure as part of Covid-19 response and post pandemic we are committed to returning services back to Chorley as soon as it is safe to do so. Please help reassure your friends and families that this is the case.



Headway Preston receives major funding from National Lottery

A total of £152,000 in National Lottery funding has been awarded to charity Headway Preston and Chorley, based at Royal Preston Hospital, to continue a voluntary support service for patients who have suffered a major trauma injury. The money will be used to provide support on a daily basis, helping more than 2,000 patients per year for the next 3 years. Last year, the charity ran a pilot project for patients who have suffered a major trauma injury to find out if their service could be beneficial to other patients going through life-changing injuries. The outcome was staggering, with all 257 patients who accessed the service rating it 'very good' and 'excellent'.

Dealing with the pandemic is requiring more stamina and resilience than most people have ever experienced within their NHS career. To help our colleagues cope, we have support mechanisms in place both locally and nationally for those who may be affected by the current situation including a confidential listening, psychological first aid and onward referral service.

The challenge for the whole NHS will be managing Covid-19 alongside our usual day to day activity. During April we saw a worrying fall in the number of non-Covid referrals into our Hospitals. Equally, we have seen a reduction in the number of A&E presentations for chest pains, strokes and trauma.

We are therefore backing the national campaign to assure people that their local NHS is still very much open for business so please spread the word to your families and friends. We have very clear processes to keep you safe, so you must continue to come to A&E if you require emergency care.

We have all been humbled by the volume of donations and acts of kindness that are being warmly welcomed at both our hospitals on a regular basis despite the fact that our communities are suffering financially and emotionally as a result of the virus.

We would like to thank everyone for this overwhelming support and to take this opportunity to praise our hard working, compassionate and dedicated staff - we are extremely proud to work alongside them.



New patient diary initiative

Mr Tarek Hany, Consultant at Royal Preston Hospital and his team are pioneering an initiative to help patients to communicate their thoughts and feelings about their experience in hospital. The Patient Contribution to Case Notes, or PCCN, is a diary-style document that encourages patients to write about their progress, thoughts and feelings, what they can do to enhance their recovery and any issues they want to raise while receiving treatment. The PCCN is currently being rolled out across all surgical wards, with hopes of seeing it being more widely used across all wards and being made available to outpatients.

Mentor Scheme praised by GMC



Lancashire Teaching Hospitals took part in a report commissioned by the General Medical Council (GMC) to look at how doctors can be better supported in delivering patient care in the UK's health systems. A case study on the Trust's Clinical Placement Facilitators (CPFs) was featured in the Caring for doctors, Caring for patients report as an example of good practice in supporting medical students to become excellent doctors.

Changing Places facilities to be installed at Royal Preston Hospital



Patients with disabilities at Lancashire Teaching Hospitals will be able to use state-of-the-art, specialist toilet facilities thanks to £50,000 in Government funding. The Changing Places toilets feature additional equipment for people who are not able to use the toilet independently, including adult-sized changing benches and hoists.

New Hospital Home Care service



ongoing support needs being met by the community and/or social care teams.

Hospital Home Care is a new group of healthcare professionals who meet the needs of our patients in their own homes from the point they become medically optimised for discharge from our hospitals, prior to their

Our aims are to:

- Promote a positive patient experience ensuring patient choice is at the heart of what we do
- Reduce inpatient hospital length of stay
- Reduce the adverse experience associated with long length of stays
- Reduce the risk of breaches across the trust
- Improve capacity / patient flow

The Hospital Home Care service is already proving a huge success and a real asset to our hospitals.

Pioneers in Emphysema



A specialist at Royal Preston Hospital has performed his first procedure utilising steam therapy on two severe emphysema patients as part of a research registry study. Dr Mohammed Munavvar, Consultant Chest Physician and Interventional Pulmonologist at Lancashire Teaching Hospitals, is using the innovative Bronchoscopic Thermal Vapour Ablation (BTVA) treatment, which originated in the US and has only been used at one other hospital in the UK.

Director of Communications and Engagement

In exciting news, we have now appointed Naomi Duggan as our new Director of Communication and Engagement, which is a new role within the executive team. Naomi is our first Director of Communication and Engagement at Lancashire Teaching Hospitals, and brings with her a wealth of experience. She was also the first Director of Communication for University Hospitals of North Midlands NHS Trust (UHNM) where she has worked from 2015 to 2020. Welcome aboard Naomi!



28 Day
Faster Cancer Diagnosis

Faster Diagnosis Standard introduced for all suspected Cancer patients

Cancer survival rates in England are higher than they have ever been and earlier diagnosis is a key part of improving survival rates further. The long term plan continues to expand upon our work to transform cancer care so that from 2028, an extra 55,000 people each year will survive for five years or more following their cancer diagnosis and three in four cancers (75%) will be diagnosed at an early stage. As part of this work, a new Cancer Standard has been introduced by NHS England from 1st April 2020 called the Faster Diagnosis Standard. It means that all patients who are referred on a 2 Week Wait or Cancer Screening referral should receive communication of either confirmation of Cancer or a ruling out of Cancer within 28 days of their referral.

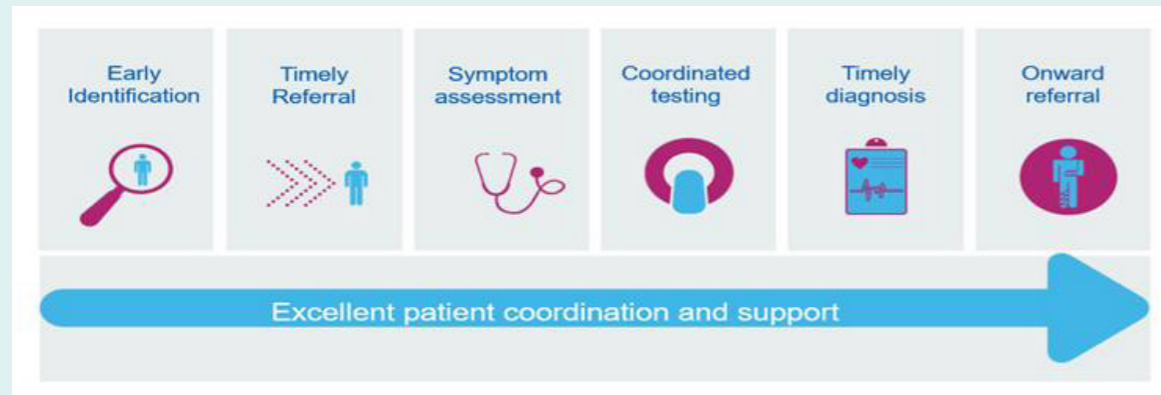
Rapid Diagnostic Centre: Non-Site Specific Pathways

The Rapid Diagnostic Centre (or RDC) pathway is under development by the Gastroenterology team and Cancer Services department, who aim to implement the service by the end of June 2020. In 2019, NHS England and NHS Improvement set a challenge to NHS hospital trusts working with Cancer Alliances. The challenges of managing an ageing and co-morbid population

suggest a 29% increase in cancer diagnoses by the year 2028. Many cancers are currently discovered at late stages, when survival is poor, and treatment options vastly limited. The Rapid Diagnostic Centre: Non-Site Specific pathway looks to identify and diagnose cancer or non-cancer serious medical problems earlier and more efficiently.

Rapid Diagnostic centres for all cancer specialties

Work is currently underway to develop an RDC pathway for all specialties over the next 4 years at our hospitals. An RDC is a pathway/service which redesigns and streamlines current pathways to speed up rapid diagnosis of cancer patients. The development of RDCs is a 5-year, nationally funded programme to be rolled out across all Cancer Alliances. By 2024, all Alliances should achieve full population coverage for patients visiting their GPs with non-specific symptoms. By 2024, all Alliances should also achieve RDC pathways for all two-week wait tumour sites. There are six key components of an RDC;



Aims for Rapid Diagnostic Centres:

- To support earlier and faster cancer diagnosis
- To create increased capacity through more efficient diagnostic pathways by reducing unnecessary appointments and tests;
- To deliver a better, personalised diagnostic experience for patients by providing a series of co-ordinated tests and a single point of contact.
- To reduce unwarranted variation in referral for access to relevant diagnostic tests by setting standards for RDCs nationally

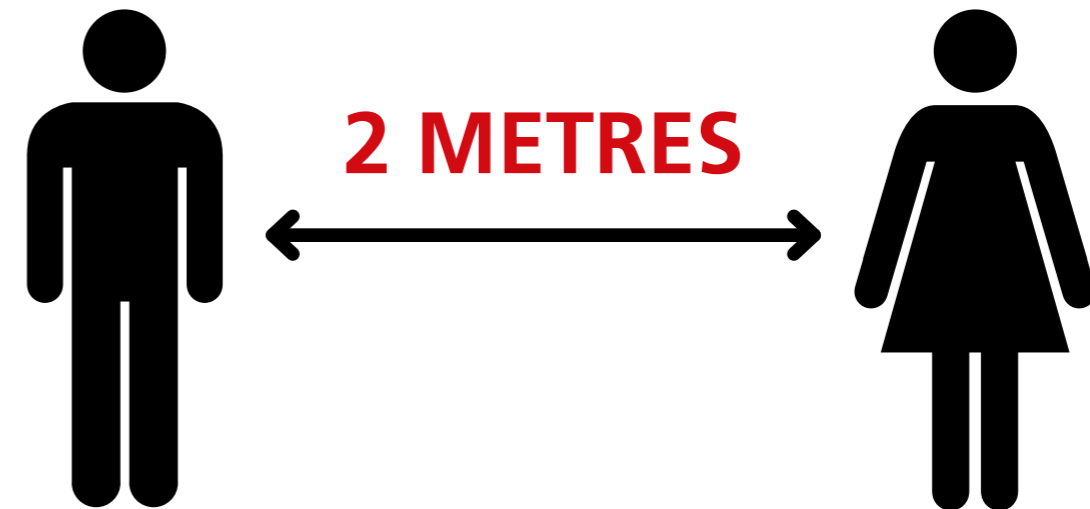
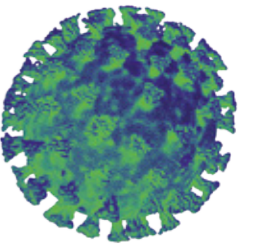


Lancashire Teaching Hospitals
NHS Foundation Trust

CORONAVIRUS

KEEP YOUR DISTANCE

SAVE LIVES



Infection Control

This is our time: 2020 is International Year of the Nurse and Midwife

2020 is Florence Nightingale's bicentennial year, designated by World Health Organisation as the first ever global Year of the Nurse and Midwife. Nurses and midwives make up the largest numbers of the NHS workforce. They are highly skilled, multi-faceted professionals from a host of backgrounds that represent our diverse communities. 2020 is our time to reflect on these skills, the commitment and expert clinical care they bring, and the impact they make on the lives of so many. This year is also an opportunity to say thank you to the professions; to showcase their diverse talents and expertise; and to promote nursing and midwifery as careers with a great deal to offer.

Nursing and midwifery touch all of our lives at some point: we

all have a connection, and we want everybody to be involved. NHS England and NHS Improvement are planning a series of



activities to celebrate the professions and to engage people right across England. These range from the Florence Nightingale 200th birthday celebrations in May, to a pop-up exhibition and a roadshow that takes in all NHS regions throughout much of the year.

Here at Lancashire Teaching Hospitals, we think it's extremely important to get involved and celebrate our wonderful nurses and midwives. That's why we've been reaching out to nurses and midwives across the Trust to tell us more about their career, why they became a nurse or a midwife and what advice they'd give to those considering nursing or midwifery as a potential career.

Maternity Programme

The maternity team at Royal Preston Hospital are at the centre of a brand-new documentary series. 'Babies 24/7: The Maternity Ward' follows the real-life journey of expectant parents and the staff who care for them in the maternity unit at Royal Preston Hospital. The maternity and communications team worked in collaboration with producers at Chalkboard TV to deliver the six-part series, which is made up of hour-long episodes. It started broadcasting at 9pm on Monday 2nd March and is billed as an exclusive, access-all-areas pass to what goes on in a busy maternity unit on a daily basis. The series features different stories each week, from incredible water births to funny moments between members of staff.

Rosemere update



Rosemere is attuned to helping radiotherapy patients

New audio equipment for two radiotherapy scanner rooms at the Rosemere Cancer Centre has been bought by Rosemere Cancer Foundation, so that music can be played to help patients relax while undergoing treatment. The charity has spent £159.96 on iPod docking stations after therapeutic radiographer Abs Esfahani asked the charity for help, explaining that music was used as a tool to improve patient experience. The two scanner rooms treat up to 40 patients a day over 11 hours of constant usage.



Rosemere funds monthly cocktails for patients

Patients on Rosemere Cancer Centre's Ribblesdale Ward are to continue to enjoy their monthly 'cocktails' after Rosemere Cancer Foundation agreed to pay £420 over the next 12 months to fund the fruit that's used to make both them and the range of fruit canapés that are served with them. Staff working in the Royal Preston Hospital's Catering Department make and deliver the treats to the ward for serving by Housekeeping staff.

Tracey Palmer, Assistant Directorate Manager, said: "Fruit cocktails and canapés have been enjoyed by patients on a monthly basis for a couple of years now thanks to funding from Rosemere Cancer Foundation.

"It's a simple little highlight that means a lot to patients and their families. We all want to see the tradition continue into the future and so are very grateful to Rosemere Cancer Foundation and all its supporters for helping to keep it going."



Lancashire patients to be first in the world to access new cancer drugs

Lancashire cancer patients who are failing to respond to treatment are now being offered access to ground-breaking treatments, making them among the first patients in the whole world to have access to the very newest anti-cancer drugs. To receive these medicines, patients would have to agree to take part in early phase clinical trials i.e. first in patient or Phase I and Phase II trials of the drugs. The trials will take place at the National Institute for Health Research Lancashire Clinical Research Facility (LCRF), which serves the whole of Lancashire and South Cumbria but is based at the Royal Preston Hospital site. The Rosemere Cancer Foundation has given the LCRF £83,993 to fund specialist cancer experimental medicines research nurse, Karen Jones, for the next two years.



It's a really exciting time for our hospitals, as this month we officially launched our new hospital charity.

Over the years we've been fortunate to receive incredible support from staff, patients and the public who have made it their mission to raise valuable funds in support of our hospitals.

From running, swimming, cycling or baking delicious cakes, your wonderful support has helped equip our hospitals with cutting-edge technology, allowed our medical teams to undertake the very latest research and helped to make our hospitals that little bit more comfortable for patients and their families.

As our hospitals continue to grow and progress there will always be a need for those added extras that can make all the difference to our patients. Our new charity team is here to help make this possible. With your help we want to inspire new supporters, organise exciting fundraising events, launch major Appeal projects and be on hand to support our fundraisers, every step of the way.

Together our vision is to ensure that all patients treated at our hospital have the best possible care possible, in the very best facilities.

Want to make a difference?

There are many different ways to get involved and pledge your support; from taking part in a sporting event, organising a fundraiser, or even by volunteering your time - the sky's the limit!

Through the generosity and dedication of our supporters we are continually working to support amazing patient care, through funding projects that have real impact, which make a big difference to staff and patients.



Whichever way you wish to support us, we want you to have fun and enjoy the experience – that's why we will be there to offer any advice and guidance along the way.

Take a look at our brand new charity website to find out how you can get involved in fundraising for Lancashire Teaching Hospitals Charity: www.lthcharity.org.uk

If you have a fundraising idea then we would love to hear from you! Please give our Fundraising Coordinator Roya Armstrong a call on **01772 528500** or email **Roya.Armstrong@lthtr.nhs.uk**



Supporting world class treatment, research and outstanding care



British Thoracic Society gets new President

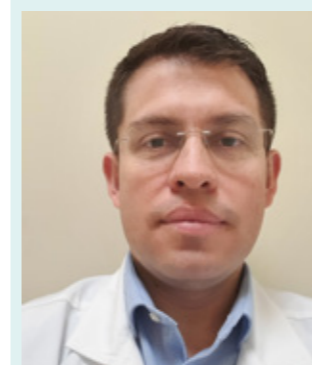
We were proud to hear of the prestigious appointment of Dr Mohammed Munawar, Consultant Chest Physician and Interventional Pulmonologist, as the President of British Thoracic Society. The British Thoracic Society is a highly-rated specialist society of respiratory medicine, with about 3600 members including respiratory physicians, clinical and academic researchers, trainees, physiotherapists, and other health care professionals. Dr Munawar has been appointed to this coveted post and has put Royal Preston Hospital on the international map for respiratory medicine in general and interventional pulmonology in particular.



Excellence Centre Status

Lancashire Teaching Hospitals is delighted to have received official 'Excellence Centre' status for its high-quality skills programmes and workforce development initiatives. The accolade, awarded by Skills for Health, means the Trust is the first provider in the UK to receive this status against the new award criteria. This comes after The Health Academy, the Trust's in-house education and training provider, undertook a thorough application process which built upon the recently received Quality Mark. The status highlights the Trust's commitment to providing a more efficient and productive healthcare workforce through quality education and training provision.

Kind Words from a Clinical Fellow



A surgeon from Dr Sulaiman Al Habib Hospital who came to work in the GI department at Royal Preston has shared kind words about his experience. Jair Santos-Torres said:

"As you know, today is my last day working in LTHTR. I want to express my appreciation for LTHTR. The time I have

spent working with you has been one of the most enjoyable periods of my career. Your guidance and mentoring was truly helpful when I started here. Your support has helped me grow professionally while I was here.

In this Trust I met the best laparoscopic surgeon, the best rota coordinator, the best managers, the best SAU, the best new consultant, the best team (including upper GI), the best gynae/obstetric service and if I continue for sure the list of "bests" will be extensive.

Believe you have a great Trust with a brilliant future because before being great professionals you are great people."

Outstanding CQC Survey results



Results from the 2019 Care Quality Commission Maternity Survey provide assurance that participants felt included in decision

making, had confidence and trust in the midwife and believed they were treated with dignity and respect at Lancashire Teaching Hospitals.

The national 2019 CQC Maternity Survey of 126 Trusts across the country reported feedback from women who gave birth in February 2019. Feedback was received from 17,151 mothers nationally and 94 within our hospitals.

Transitional Care Service

Lancashire Teaching Hospital NHS Foundation Trust has relocated their Transitional Care Service to the postnatal ward. The service provides a clinical area for babies who need close monitoring, or enhanced feeding support such as naso-gastric tube feeds to be cared for alongside their mothers. This provision will reduce the number of babies being separated from their mothers and enable babies who have been sick, but are recovering to be transferred back to their mums sooner.



A tribute to Ken Jones, Public Governor at Lancashire Teaching Hospitals NHS Foundation Trust

One of our longest serving governors, Ken Jones, sadly passed away on 8th February this year after 9 years as a publicly elected governor. He was first elected in March 2011 and re-elected twice, completing the maximum three 3-year terms of office.

Ken always gave huge support to our members' events, Trust initiatives such as STAR and was always keen to be involved with local community events in order to promote the governor role and recruit new foundation Trust members. He regularly supported health melas, NHS careers events and volunteered to visit local community groups to give a governor presentation.

He was actively involved in all three governor sub groups and was Chair of the Membership group.

The following comments from Ken's fellow governors probably best describe the major contribution he made to the Trust and Council of Governors:

- He was a man of principles who stood by his beliefs and was respected by many.
- He always had the interests of patients, members and the public at heart and was prepared to fight for what he believed in.
- He was always prepared to stick his head above the parapet on difficult issues. Ken could be relied upon to say what many other governors were thinking.
- He was a stickler for doing the right thing.
- He was an advisor, mentor and teacher to new governors helping them through their early days and helping to build their confidence

Ken was a staunch believer in representing the people that governors serve and his family are justly very proud of what he achieved. We are extremely grateful that he was a part of our Council of Governors and we will remember him with gratitude and great affection.



Steve Heywood, Public Governor

Don't miss your chance to be involved!

Your governors would like to remind you about the Our Health Our Care (OHOC) programme which has been re-assessing how and where health and hospital services should be provided for people in the Preston, Chorley and South Ribble areas. This is being led by Chorley and South Ribble Clinical Commissioning Group and Greater Preston Clinical Commissioning Group (the CCGs) in consultation with Lancashire & South Cumbria NHS Foundation Trust, Lancashire Teaching Hospitals NHS Foundation Trust, Local Councils and NHS England specialist commissioners looking at how to provide a health and social care system that delivers better health outcomes and improved patient experience for residents.

You may be aware that the programme has been active for some time looking at the challenges the local health and care system, including our hospitals, are facing and recently has published a number of options for change which you may have seen published in various media.

The reason for this reminder is that later this year formal public consultation on the options for change are expected to take place and members of the public will have the opportunity to be involved. This is a formal listening process using a number of ways to talk with people and gather feedback which will then be considered carefully by the CCGs before making decisions on any changes to services.

The dates for these events and communications are not yet fixed and will be decided by NHS England and our local CCGs.

So watch out for more information as it is published later this year, and take the opportunity to be involved and have your say. In the meantime more information is available at www.ourhealthourcare1.nhs.uk

Contact us!

One of the most important parts of our work is to represent YOU!

Please contact us by emailing governor@lthtr.nhs.uk



Janet Miller, Public Governor

Its Friday, its 2pm, it's Fab Friday Feedback!

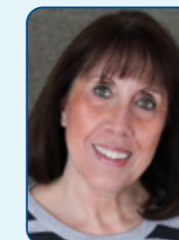
Being a Governor brings with it many roles and responsibilities, it's definitely not about attending endless meetings. The over-riding role of the council of governors is to hold the non-executive directors individually and collectively to account for the performance of the board of directors and to represent the interests of NHS foundation trust members and of the public.

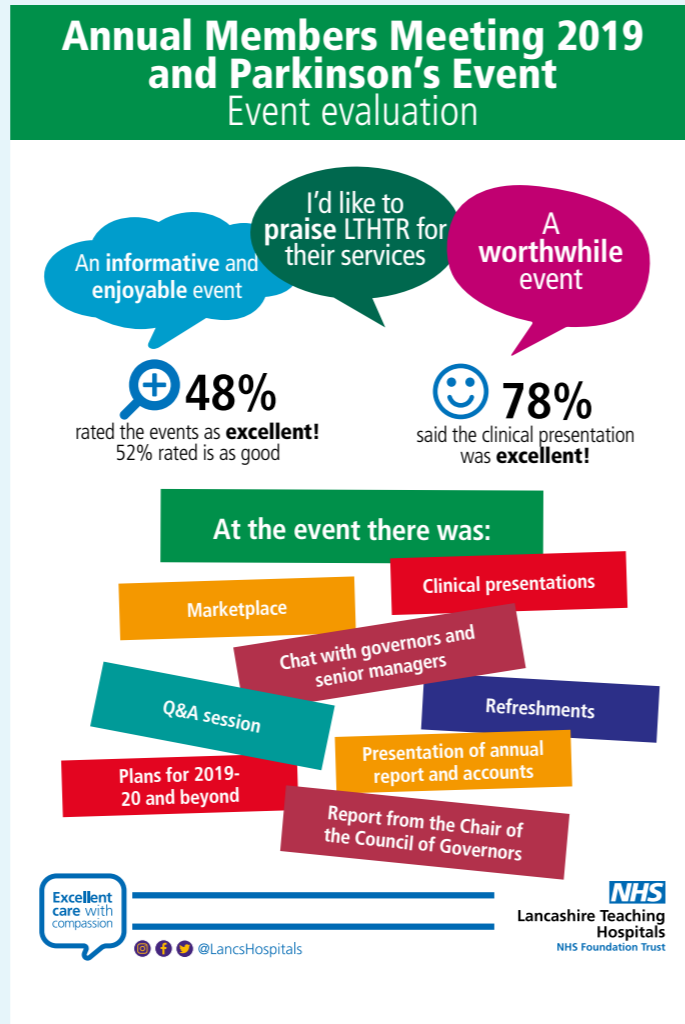
That said, individual or small groups of governors can involve themselves in a vast array of activities which allow for a greater participation in the life of LTHTR which leads to an informed appreciation of such. This in turn allows for greater dialogue and understanding of individual perspectives.

One such initiative is to attend Fab Friday Feedback visits each fortnight. These visits enable governors and directors to learn about and celebrate the exceptional work being carried out by our staff on a daily basis. Our staff tell us that having the opportunity to share their work with governors and directors really boosts morale and demonstrates that they are being recognised for all their achievements great and small. The visits take place across both hospital sites, not surprisingly, on Friday afternoons between 2pm and 3pm and take in all departments however large or small. Recent visits have included our Porter Services at Chorley where our hard-working porters demonstrated their dedication to patient care and wellbeing. Most are looking forward to donning their new uniforms which will have moisture wicking properties to keep the boys feeling fresh! Steve Jones is their very proud manager.

Thank you and Goodbye

It is time to say thank you, goodbye and best wishes for the future to three of our long serving fellow governors. In March this year Nicola Leahey and John Dalglish have completed the maximum 9 years service as public governors and Dilys Hayton is leaving after 6 years. They have all willingly dedicated significant parts of their free time and represented members and the public in many ways during their time as governors. Their commitment, support and challenge to the Trust have been a valuable asset and their sometimes 'invisible' contributions have ensured that the views and needs of our members and patients are heard and improvements in patient experiences are made.





Annual Members Meeting Update

In order to meet the requirements of the constitution, our Annual Members Meeting was held on 30 October 2019 at the Banqueting Suite, South Ribble Borough Council, Civic Centre, West Paddock, Leyland. The event focussed on the hospitals' Parkinson's Team and provided them with a platform for Governors to discharge their statutory duties in representing the interests of Trust members and the public.

Format

We had a fabulous turnout, with over 120 people attending the event last October. Upon arrival, they were given a delegate pack which contained: an agenda, question card, speaker biographies, a report from the Chair of the Council of Governors Membership Group, annual review of LTHTR's performance 2018-19 and an evaluation form for them to complete and hand in at the end of the evening. Governor contact cards, copies of the Trust Annual Report and Accounts and Charitable Funds were also made available on the Governors' display stand.

Members were able to meet and chat with Governors and senior managers before visiting the 'marketplace', which was themed around Parkinson's disease.

The formal part of the evening covered the Chairman's introduction and review of 2018-19, including presentation of annual report and accounts and our plans for 2019-20. This was then followed with opportunity for members to ask questions to the panel of the hospitals' senior managers and an informative presentation delivered by Dr Omesh Kulkarni, LTHTR's Consultant Neurologist, and the Parkinson's Nurses. The event concluded with further opportunity to visit the displays, find out further information and meet with governors and staff.



Election update

We would like to say a huge thank you to everyone who stood as a candidate and exercised their vote in the Elections to the Council of Governors 2020.

Voting closed 30 March and we are pleased to announce the results of this year's election to join the Council of Governors where 8 public governors and 2 staff governors were elected as follows:

Public elections:



Dr Margaret France
(re-elected)



Paul Brooks



Dr Keith Ackers



Frank Robinson



Janet Miller
(re-elected)



David Cook



David Watson

We would like to welcome both our newly elected and re-elected governors and look forward to working with them.

The Council of Governors represents the views of patients, the local community and staff members, and influences the running of the hospitals. Governors work extremely hard to gain a greater understanding of the workings and intricacies of the NHS.

The Governing Council is made up of a mix of people from all walks of life, which ensures a balance of knowledge and a diverse range of skills and new ideas with continual learning and development for all. Governors attend dedicated workshops to learn more about the hospitals' finances and its plans for the

The election was conducted using the single transferable vote electoral system. A copy of the full report of voting as issued to the Trust is attached here.

The following candidates were elected:

Staff elections:



Anneen Carlise

Staff representing Nursing and Midwives (including Healthcare Assistants) Anneen Carlise



Rebecca Allcock

Staff representing Allied Health Professionals and Healthcare Scientists Rebecca Allcock

development of services. The Governors have formed sub-groups to look at service delivery and communications with members. They also attend numerous events to encourage new members and ensure we maintain a diverse membership.

The elections are held annually and Governors are permitted to stand for three 3-year terms of office (9 years in total). For further information on membership or the Governor role, please do not hesitate to contact the Membership Office via foundation.trust@lthtr.nhs.uk or Freephone: 0800 731 0319.



Governors' Patient Experience Charitable Fund

This year has seen an increasing demand on our Governors' Patient Experience Charitable Fund, with monies going to our new Escalation Ward at Preston to purchase 5 CD/Radio players. Being an escalation area means there are no standard TVs at the patients' bedsides.

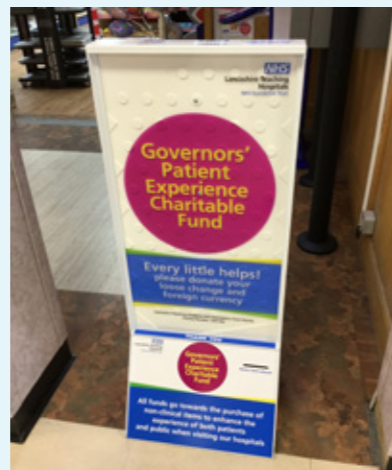
Fracture Clinic at Preston and Suite 3 at Chorley have been provided with new TVs for the respective waiting areas.

Last but not least, at great expense, we have recently supplied and installed a selection of sturdy toys for our Children's Emergency Department at Preston. Staff are delighted with the finished result and have said that they will make a huge difference to the waiting experience of our young patients. An added bonus is that for infection control purposes, they are easy to keep clean.

Is your community group missing out?

Did you know that your governors are increasingly going out to meetings of local community groups, clubs, and charities to listen to your views about our hospitals or to talk about who governors are, what they do and how you can engage with them. If you would like a couple of governors to join one of your regular meetings for an informal presentation and discussion please contact our Membership Office via email at foundation.trust@lthtr.nhs.uk or by calling **01772 524412**.

When visiting either of our sites please drop a few coins into one of our collecting boxes in order to help us improve the experience of our patients while in our care. Thank you.



Trust staff, patients and the general public are encouraged to apply for funding from the charitable fund and are asked to complete and submit the application form which can be downloaded via our website.

Do you have email?

Have you considered receiving TRUST Matters newsletter by email?

Every time we post information out to Foundation Trust Members, a huge amount of paper is used and postage costs are incurred. We want to keep you informed about the work of the Trust, but it's important we do this in the most economical and sustainable way. We are urging members with an email address to contact the Membership Office to change your communication preference from post to email by emailing foundation.trust@lthtr.nhs.uk or telephone **0800 731 0319**.

Thank you to all members who have changed already!



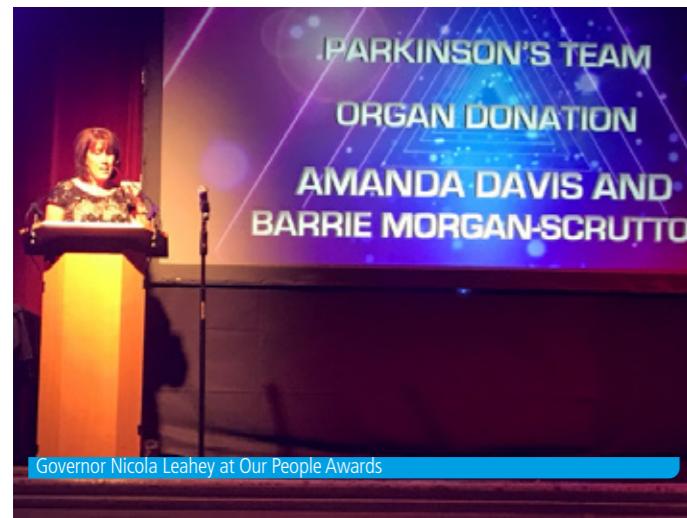
HM Government



CORONAVIRUS
STAY HOME
TO HELP US
SAVE LIVES

**ACT LIKE YOU'VE GOT IT,
 ANYONE CAN SPREAD IT.**

STAY HOME ▶ PROTECT THE NHS ▶ SAVE LIVES



Governor Nicola Leahey at Our People Awards



Governors Janet Miller and Pav Akhtar at Preston Pride



Governor Margaret France - Fab Feedback Friday with Pharmacy



Governors Steve Heywood, Takhsin Akhtar and Janet Miller at Our Health Day



Governor Pav Akhtar at Preston Windrush celebrations



Governors Janet Miller and Alison Slater



Governors Shirley Murray and Margaret France

Coronavirus

Wash your hands more often



Coronavirus is a serious illness that can make you very ill.



The best way to not catch it is to wash your hands more often for 20 seconds.



Use soap and water or a hand sanitiser when you:

- Get home or into work
- Blow your nose, sneeze or cough
- Eat or touch food



Find out more at nhs.uk/coronavirus

CORONAVIRUS
PROTECT YOURSELF & OTHERS



Our Health Our Care

The Our Health Our Care programme has been set up to improve clinical outcomes for health and care services in the central Lancashire region. We have been working in partnership with local health and care staff, together with feedback from members of the public and various other partners, to develop a range of options for how local services could work differently in the future.

Changes are necessary because currently we are not delivering the best possible patient experience and clinical outcomes, and we are committed to providing excellent care with compassion. There are a number of changes which we need to make to improve health care for people living within central Lancashire and South Ribble.

These changes are:

- ✓ Delivering more and better care closer to home
- ✓ Giving better alternatives to needing to go to A&E
- ✓ Ensuring services work better together so that information is shared and you don't have to tell your story repeatedly

So that's what we're going to do, and we have developed three proposed options to show how we can deliver this. The three options are:

- **Stay as we are** - If we continue the way we are the quality and safety of services will get worse as it is not working effectively.
- **Enhanced urgent treatment centre option** - This option would create an enhanced urgent treatment centre (instead of an Accident and Emergency (A&E)) at Chorley and South Ribble hospital with observation and intermediate care beds, being able to see around 9 in 10 people who currently get their care from Chorley and South Ribble hospital.
- **Urgent treatment centre option** - This option would create an enhanced urgent treatment centre (instead of an A&E) at Chorley and South Ribble hospital with observation and intermediate care beds, seeing more than 8 in 10 people who get their care from Chorley and South Ribble hospital.

The second and third recommended options also include the following changes to hospital services at Chorley and South Ribble hospital:

An Outpatient Services Hub – delivering a wide range of outpatient services and procedures on site, where this care cannot be best provided in a primary care setting.

Where possible investigations and diagnostics would be delivered closer to home, and unnecessary repeat follow up visits avoided. We believe that this would improve travel and access for most people.

An Urgent Care Hub – delivering high quality, accessible urgent care services: at least 84% of patients would access services on the site; most patients in the remaining 16% already go elsewhere for good clinical reasons (for instance for highly specialist services, such as cardiac care).

An Integrated Working Hub – Chorley and South Ribble hospital would support the delivery of broader partnership working in central Lancashire.

Independent groups of external clinical experts have reviewed the options and have produced reports to explain their views. You can read the reports on the Our Health Our Care website

The viability and benefits of all options is continuing to be assessed. However, it is important to note that:

- None of the proposed options suggest closing Chorley and South Ribble District General Hospital.
- All of the options would mean that urgent care continues to be provided at Chorley, 24 hours a day, 365 days a year.
- No decision about the options will be taken until after a formal public consultation has taken place.

What happens next?

No decision about the options will be taken until after a formal public consultation has taken place. This is a formal listening process using a number of ways to talk with people and gather feedback, which will then be considered carefully before making a decision on any changes to services.

We want to hear from as many people as possible, find out more about when the consultation period will begin and how you can have your say by visiting the Our Health Our Care website.

5 minutes with... Jacqueline Twamley, Senior Academic Research Nurse

Why did you get into research?

It was about 11/12 years ago now, I was working as a sister on ICU, and I'd been doing that for about 10 years. We were trying to increase the amount of research going on in actual clinical practice – a lot of departments weren't doing anything. We wanted to have more medical student projects developed, and also bring in more outside studies that we could conduct in our setting.

What would you say is different now, in terms of what we do in clinical research, as to when you started?

When I started, there wasn't a lot of research being done at all, and as a nurse on the ward, you didn't really come across a lot. I was interested in it, so I'd recruited people into trials before, so I became a lead for whatever stories were going on – but they were few and far between. I think nowadays it's very targeted – you're trying to find those studies that are relevant to your patients, so there's a lot more going on on the wards. I'd still say a lot of nurses in the ward setting are quite remote from it, particularly in Critical Care, and we still need research nurses to go in there and do that recruitment and do that screening for patients. I think the clinical side is so hectic, it's very hard to do both clinical and research work.

If someone at our hospitals was considering a career change to research, what would you say to them?

I think you have to be the right person to want to do something like this. People do it for different reasons, but I always was the person who asked why, and wanted to know how things worked. I think that curiosity is an essential thing. If you like the unpredictable – it's a bit of an adventure into the unknown – I think if you're that sort of curious person it would really suit you.

You're doing a PHD, aren't you?

I just handed it in! I was already a nurse when I did my degree. I also did my masters as a nurse, in the practice setting, but I've completed my PHD whilst working in research. It would be very hard to do it in clinical practice. But there are opportunities now – that I wasn't aware of when I was doing my PHD – opportunities to do this by applying for funding, so you can keep your job.

What would you say are the main differences between a clinical job and a research job?

With me, it's all about developing studies, developing ideas, having ideas, and connecting those with the right people who can develop them and take them forward. It's the delivery of patient care from a different aspect. We are always looking at what patients need and what patients want, or what's the next best thing for patients.

When you think of a nurse, you don't traditionally think of a research nurse. How would you describe the knock-on effects research has, the processes you go through and why it's important, as a nurse?

Often, you find that people who are involved in research trials receive more close attention from a qualified nurse – they've got that expertise there, somebody who is good at giving advice. So I think even during a trial, you get a bit more attention and care. I think afterwards – it depends what sort of study it's been and what the result has been – you

Exciting, adventurous, fun! It's ever-changing too



can have new treatments, improved care, care pathways new innovations... so it tends to be bringing about a different way of doing things slightly better. My PHD was very much patient experience focused, so it wasn't about trying to find the next cure for something, it was about trying to improve the experiences of patients who are undergoing recovery. A key thing at the moment is that there's more patient involvement in research, so you are involving them in the design of studies and you're involving them in the ideas for studies, so what patients want is being investigated and researched in ways that are informed by them. So patient involvement – I'm big on it!

What would you say to people thinking about starting their career with us?

We have great aspirations as an organisation. There are real opportunities here – the team here are so enthusiastic and geared up and want to make it a success, and the real draw to our organisation is the people. You forge good relationships in research – I work with a lot of different clinicians, a lot of different nurses, AHPs and even students.

If you could describe working in clinical research in three words, what would you say?

Exciting, adventurous, fun! It's ever-changing too – but that's too many words!

Our pioneering way of accessing patient data

An innovative system that allows NHS trusts to exchange citizen health and care information with each other and more than 300 GP practices in Lancashire and South Cumbria is proving successful at our hospitals. The Local Person Record Exchange Service (LPRES) means clinicians and care providers can easily

access a patient's full medical history without needing to contact GP surgeries or other providers to gain the information. Those using LPRES now have the 'bigger picture' when caring for patients, with access to useful health information such as any allergies, diagnoses and medications.

Skin-to-skin contact is top priority in maternity

Admissions of full-term babies to the neonatal unit due to hypoglycaemia have been reduced by 80 per cent at Lancashire Teaching Hospitals NHS Foundation Trust. Skin-to-skin contact regulates the baby's temperature, heart rate and breathing, and relaxes mother and baby, creating the optimal conditions for early feeding. Lancashire Teaching Hospitals has reduced the

percentage of term babies being separated from their mothers from an average of 25 per cent to 1 per cent. The Trust has seen a 25 per cent increase in the number of babies having uninterrupted skin-to-skin contact for an hour following birth. The Trust's neonatal unit is now saving an average of 200 care days per annum.

Intra-abdominal pathway

The Colorectal Surgery team, in conjunction with the Gastroenterology, Corporate Cancer Services and Continuous Improvement teams, recently launched their new 'Intra-Abdominal Referral pathway' for GPs throughout Chorley, South Ribble and Greater Preston. For GPs, this new pathway will provide a series of questions and/or investigations to be carried out before a referral into secondary care. Dependent on the results of these questions, the GP will be guided to the appropriate referral method (two-week wait clinic, urgent or routine referral). For patients, this will ensure that they are seen as quickly as possible by the most appropriate specialist.



We have been awarded Veteran Aware Status

Lancashire Teaching Hospitals NHS Foundation Trust has received a formal accreditation as a Veteran Aware NHS Trust. One of 47 trusts across the country to be named Veteran Aware, Lancashire Teaching Hospitals was granted the status in recognition of its commitment to improving NHS care for veterans, reservists and members of the armed forces. Awarded by the Veterans Covenant Healthcare Alliance (VCHA), the Veteran Aware status highlights NHS trusts which have made a series of pledges, such as ensuring members of the armed forces community are never disadvantaged when receiving care and supporting employees who have previously served.

21st place in the Top 50 Inclusive Employers List

In recognition of our continued dedication to workplace diversity, we have been ranked number 21 in the Inclusive Top 50 UK Employers List – up a staggering 21 places from number 42 just last year. The list recognises UK-based organisations for their continuous dedication to Diversity, Equality and Inclusion. Demonstrating the promotion of all strands of diversity including age, disability, gender, LGBT, race, faith & religion; the list focuses on representation at management, senior, executive and board level.

Spectacular Summer Ball for Critical Care

A spectacular Summer Ball will take place at Ribby Hall on Friday 10th July to raise much-needed funds for the Critical Care Unit at Royal Preston Hospital. The glamorous masquerade ball is one of many exciting events taking place this year, as the hospital charity is set to launch with its first appeal for £150,000 to support the Critical Care Unit. The event will feature an auction, raffle, three-course meal and plenty of live music and entertainment for guests, including members of staff from the unit.



Prestigious award for our research team

Our clinical research team were recognised for excellence in research at a regional awards ceremony in February. The annual North West Coast Research and Innovation Awards celebrates the excellent work being undertaken in health and care across the region, demonstrating the impact of clinical research and innovation on patient and social care. The team won the **Award for Research Capacity Building**, thanks to their partnership with UCLan, called the Clinical Academic Faculty (CAF). The CAF

is a hub for clinical academic research advice and signposting, supporting the development of local clinical academic research and innovation. The Trust provides the CAF with core funding, which is matched by UCLan. The CAF has successfully supported nurses, midwives and allied health professionals with training and access to other opportunities across the region and nationally. The team were also shortlisted for two further awards.

New 3D printer measures medication for children



A new 3D printer can measure medication for children as part of a trial carried out by our research team. This trial focused on changing doses of medication for children, as when adults have to break up tablets such as paracetamol, our portion sizes can't always be entirely accurate. The introduction of a 3D printer meant that it was possible to accurately measure dosage, reducing risk of danger to a child when taking oral painkillers. Senior Research Nurse Wanda Ingham's children took part in the trial. Charlie, aged 10, said he liked taking part in research because it was interesting. He felt proud that he'd contributed to science and he enjoyed the drink and biscuit afterwards!

International Parkinson's Disease Study

The Rostock International Parkinson's Disease Study looks at developing new treatments for rare forms of Parkinson's Disease. The aim of the trial is to work out which genes contribute to Parkinson's. The trial is currently open to any patient with a diagnosis of Parkinson's Disease, and our dedicated research team has recruited more than 40 patients so far.

Dates for your diary 2019

Your governors will also be in attendance at all of the events below.

Annual Members Meeting and Focus On Event

Weds 28 Oct 2020	5.30pm – 8.00pm	Banqueting Suite, Civic Centre, West Paddock, Leyland PR25 1DH
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NHS Careers Event

Tues 5 May 2020		This has been postponed but will be rescheduled.
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If you or you know somebody that is considering a career in the NHS, come along to find out about apprenticeships, NHS careers, University paths and much more.

For more information please visit our website: <https://healthacademy.lancsteachinghospitals.nhs.uk>

Council of Governors meetings

Thurs 30 July 2020	1.30pm – 4.30pm	Lecture Hall, Health Academy 3, Chorley & South Ribble Hospital
Tues 22 Oct 2020	1.30pm – 4.30pm	Lecture Room 1, Health Academy 1, Royal Preston Hospital

Council of Governors meetings are held four times per year and any member of staff or the public are welcome to attend.

Board of Directors meetings

Thurs 4 June 2020	1.30pm – 5.30pm	Lecture Hall, Health Academy 3, Chorley & South Ribble Hospital
Thurs 6 Aug 2020	1.30pm – 5.30pm	Gordon Hesling Room, Royal Preston Hospital
Thurs 1 Oct 2020	1.30pm – 5.30pm	Seminar Room A1, Education Centre 3, Chorley & South Ribble Hospital

Members of the public and governors, are welcome to observe part one of board and council of governor meetings. Please note that meeting dates may occasionally be subject to change. Please email company.secretary@lthtr.nhs.uk to double check Council of Governor and Board of Director meeting dates before attending.

To view **TRUSTMatters** online go to: www.lancsteachinghospitals.nhs.uk/trust-matters

If you would like to access Trust Matters in a different format (i.e. audio, plain text, large print etc.) Please contact the Membership Office via email foundation.trust@lthtr.nhs.uk or telephone 01772 524412