



Lancashire Teaching
Hospitals
NHS Foundation Trust

TRUST Matters

News • Awards • Membership • Governors • Information • and much more...

Celebrating 10 years of our **MAJOR TRAUMA CENTRE**



Members' magazine: Summer 2022 edition

 @LancsHospitals



Annual Members' Meeting

#AMM22

12 October 6–7.30pm

*Join us for updates on the great work
and future plans at LTHTR*

**To access the meeting,
please scan this QR code**



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Welcome to our latest edition of Trust Matters

Dear Foundation Trust Members,

Welcome to the latest edition of Trust Matters, which aims to keep you informed of the latest developments across Royal Preston and Chorley and South Ribble Hospitals.

My name is Paul O'Neill and I am a Non-Executive Director and Vice Chair of Lancashire Teaching Hospitals NHS Foundation Trust. I'd like to take a moment to pay tribute to Professor Ebrahim Adia (Ibby), our former Chairman, who left at the end of August to take up the role of Non-Executive Director at the new Lancashire and South Cumbria Integrated Care Board (ICB). Ibby has helped to guide our organisation through the COVID-19 pandemic and you can read a little more about Ibby's achievements, and his new role, on the ICB website. I am sure you will join me in thanking him for his service at what was a very challenging time. Until a new chair is appointed, I am delighted to be Acting Chair.

Governors play an essential role in making sure that the views of our wider community are taken into account in providing and developing our hospital services, and we recently welcomed a number of new faces to our Council of Governors. You can find out more about our Governors on pages 10–12.

COVID-19 is still with us and will remain so for the foreseeable future, so we now need to find ways of living alongside it. We continue to ask all who visit our hospitals, whether you are a patient, carer or loved one, to comply with the latest infection prevention and control procedures – this includes the use of face masks on-site together with social distancing (>2 metres) and regular hand hygiene practice. We now have an agreed system wide set of circumstances in which mask wearing is required and we review all of our guidelines on a regular basis, particularly around visiting so please do visit our website for the latest information on this. It's paramount that we continue to keep our patients, staff and visitors safe and we really welcome your support in helping us to achieve this.

Over the last six months there has been an intense national focus on reducing the number of patients waiting 104 weeks for their elective surgery. As a large specialised trust dealing with very high volumes of patients the numbers on our waiting list are generally higher than average, but comparable to other large trusts. I am pleased to say that with the exception of a small number of very complex cases, the Trust met the Government's target to eradicate these two year waiting times. Our attention is now turning

to other targets such as 78 weeks for elective surgery and cancer diagnostic times. We understand how frustrating and worrying it can be for patients and their families to experience long waits and are committed to doing all we can to reduce these alongside our partners across Lancashire and South Cumbria.

Our hospitals remain exceptionally busy, particularly our Accident and Emergency Departments, and a great deal of hard work is taking place across the wider health and care system to alleviate some of the pressures. This includes bringing some more community beds on line, and putting together plans for additional investment in our Emergency Department. Longer term, we are set to benefit from investment as part of the New Hospitals Programme and you can find more about this on page 19.

As we head into winter we would strongly encourage those eligible to take up both their flu jab and their COVID-19 booster jab, to stock up their medicine cabinets and to remember that their local pharmacy and GP practices can deal with a wide range of illnesses. NHS 111 is also there to help direct you to the right service. You should only call for an ambulance in an emergency.

Thank you for your continued support of your local NHS and taking the time to read all about what's happening at our hospitals.

Best wishes,



Paul O'Neill

Non-Executive Director and Acting Chair
Lancashire Teaching Hospitals NHS Foundation Trust

Her late Majesty Queen Elizabeth II – 1926 to 2022



Lancashire Teaching Hospitals and the wider NHS family were incredibly saddened following the news of Her late Majesty Queen Elizabeth's death on Thursday 8th September 2022.

The Queen devoted her life to public service and it was one of our proudest moments when she awarded NHS staff the George Cross earlier this year, for their compassion and courage over the last 74 years but particularly during the pandemic. We paid tribute to our late Sovereign across the Trust through the lowering of the flags at both our hospitals in line with national protocols, messages on our digital screens and through lighting up our front entrance at Royal Preston in the colours of the Union Flag. We also opened a book of condolence in our Chapels at both Preston and Chorley.



Patient Experience & PALS Team



Patient Experience and PALS

☎ 07591 988962 ✉ PALS@lthtr.nhs.uk

Monday to Friday, 9am–4pm (excluding Bank Holidays)

Follow us  @LthtrPals

Contacting the Patient Experience and PALS team

There are three ways for the public to raise concerns which are outlined below:

Local Resolution:

A local resolution is sorting out a problem directly with the ward or service area. This is the ideal approach to achieve a positive patient experience.

Concern:

Concerns are managed by the Patient Experience and PALS team and this process takes more time than a local resolution, which is why dealing with concerns in a timely and responsive manner leads to a better patient experience.

Complaint:

It is a person's right under the NHS Complaints Process to have a thorough investigation into any complaints raised. Our Trust

standard is to respond where practicable within 35 days of a patient, relative or carer making a complaint.

Ideally, we would like to ensure that complaining is a last resort, should a local resolution or dealing quickly with a concern not be suitable.

You can email the Patient Experience and PALS team by emailing: PALS@lthtr.nhs.uk or by calling **07591 988962**. Please ensure you have the following information when contacting the team:

Patient's full name, date of birth, postal address, patient's NHS or hospital number (if known), contact telephone number or email address.

We may also require the patient to contact us to provide consent. Written consent may be requested from the patient or their next of kin.

Celebrating 10 years of the Major Trauma Centre

Royal Preston Hospital became a Major Trauma Centre (MTC) for Lancashire & South Cumbria in July 2012.

Since then, the Major Trauma Centre has treated more than 11,500 trauma patients, many with life changing and life-threatening injuries.

As Lancashire and South Cumbria's MTC, Royal Preston Hospital receives the most severely injured patients from across the region and provides critical, lifesaving treatment.

The creation of Major Trauma Centres in the UK has been a vital development in the immediate access to emergency specialist treatment.

In celebrating 10 years of the Major Trauma Centre at Royal Preston Hospital, we were thrilled to see the work of our colleagues featured across the local and national media, which included patient stories from [Nick](#), [Chloe](#) and [Charlotte and Jak](#).

Chloe's story

In August 2021, Chloe (pictured right) was involved in an incident on a fairground ride in Barrow.

Chloe sustained multiple major trauma/life-threatening injuries and it was feared at the time of the incident, and in the hours and days that followed, that she would not survive.

Chloe had a complex open book fracture to her pelvis, multiple internal injuries, an open fracture of her lower leg, and multiple chest and facial injuries.

As part of the major trauma pathway Chloe was transferred to Furness General Hospital for immediate resuscitation and stabilisation. Great North Air Ambulance Service (GNAAS) then transported Chloe to the Royal Preston Hospital as the regional Major Trauma Centre.

Chloe recalls being told she may never be able to walk properly again due to her serious pelvic injury.

Determined and with the help of our specialist teams (physiotherapists, occupational therapists and psychology) and against all the odds, Chloe continued to make a steady recovery.

With the skill and expertise of the surgeons Chloe's operations to her leg and pelvis were successful, with surprisingly no impact on her ability to walk.

Today Chloe has returned to the gym and is currently training to be a nurse. Chloe's recovery is still ongoing but has been miraculous and is not only a testament to the specialists who treated and cared for her, but also to Chloe with her determination, strength, and bravery.



Medical students graduate as doctors

In mid-July, we were delighted to see 94 of our final year medical students graduate from the University of Manchester to become doctors, 25 of whom graduating with Honours.

Nicola Brown graduated with the MB ChB Programme Excellence Award and Rohit Krishnakumar, who sadly passed away in 2019, was awarded BMedSci posthumously.

The students undertook all three years of their clinical placements at Lancashire Teaching Hospitals, the majority of which were through the difficult COVID-19 pandemic.

To graduate as skilled and competent doctors is a true testament to the hard work of all Trust staff involved. We now look forward to welcoming a new intake of third year students in September.

Pictured is Prof Madhavi Paladugu, our Undergraduate Hospital Dean, and Prof Margaret Kingston, University of Manchester's Director of Undergraduate Medical Studies, alongside our hard-working undergraduate staff and a few of our amazing graduates.





EMPLOYER
RECOGNITION
SCHEME

GOLD AWARD 2022

Our forces-friendly credentials have been recognised by the Ministry of Defence

The Trust has received the highest badge of honour, the Employer Recognition Scheme Gold Award, for outstanding support towards the Armed Forces community.

The Gold Award is awarded to those organisations that employ and support those who serve, veterans and their families, with the Trust one of 156 employers nationally, including 23 North West employers, to be honoured in 2022.

Lancashire Teaching Hospitals NHS Foundation Trust was also one of 25 NHS trusts recognised, more than double last year's NHS contingent of 12 awarded gold in 2021.

The ERS awards are run each year by the Ministry of Defence, encouraging employers across the UK to recognise and champion the value that Armed Forces community members bring to the workplace.

The NHS Employers' Armed Forces team are "hugely proud of the NHS organisations awarded gold, and the significant increase in trusts achieving the highest recognition under the scheme."

Read the full story on our [website](#).

New menu launched which includes Halal food

Our Catering team have worked hard to establish a proven and secure method for producing halal food for our colleagues who practise the Muslim faith.

Taster sessions were held before the new menu launched on Monday 25th July.



Imam Khalid Ibrahim and Imam Naeem Toorawa from pastoral care and a few other recognisable faces enjoyed trying the menu and were able to discuss with the chef about the planning that has gone into the design and preparation of the food on offer.

Andrew Dunne, Deputy Catering Manager, said:

"We as a team are delighted to be able to offer this service to the many colleagues who have long wanted to eat in our restaurants, confident in the knowledge that food they consume, is prepared in accordance with their faith. The catering team work hard to produce over 1,200 meals a day for both patients and colleagues and this development is something we are particularly proud of. Independently verified processes are rigorously adhered to and I invite everyone to try the new range of food on offer throughout the Trust."

Read more on our [website](#).



Congratulations to our Apprenticeship graduates

In July, our first cohort of Apprentices attended their graduation ceremony at Northumbria University following an innovative 18 month Registered Nursing Degree programme.

We currently have our sixth cohort commencing this September which will be the final intake using the funding provided. This programme has supported 100 additional nursing students to become Registered Adult Nurses across our local area, which has been a great return.

New Collaboration

In July 2022 the Major Trauma Centre (MTC) entered into a new collaboration with North West Air Ambulance (NWAA) in the creation of an aftercare liaison service.

This is an exciting venture that sees the two organisations working together to improve patient treatment and outcomes, and will also provide a liaison service between patients, the NWAA crew and the MTC.

We look forward to the coming years as we further develop the service for our communities of Lancashire and South Cumbria.

You can read the full story on our [website](#).



Kidney patient's milestone of 30 years on dialysis

In May, we reported about how a kidney patient in the care of Lancashire Teaching Hospitals NHS Foundation Trust has reached the milestone of 30 years of dialysis treatment.

Mahmood Jabbar, 71, is the Trust's longest-standing dialysis patient, having started the life-sustaining treatment in 1991.

Haemodialysis is a treatment to remove waste products and extra fluid from the blood and is given to patients whose kidneys have stopped working properly. Patients undergo the four-hour procedure three times a week, either at home or in a specialist dialysis centre.

Consultant Renal Physician Dr John Anderton has cared for Mahmood for more than 20 years. He said: "He's been on dialysis for over 30 years, which is a phenomenal achievement for him to have kept himself in good health and alive on dialysis for that long."

Mahmood had a kidney transplant in 1997, but unfortunately it was not successful, and he returned to dialysis shortly afterwards.

For most of the time since then, Mahmood has travelled from his home in Southport to Chorley and South Ribble Hospital for treatment three days a week.

He said: "When I first came to the new unit it was brand new, just been built and I liked it here – it was good. I'm comfortable here at Chorley."

Read the full story on our [website](#).



Two Ordinations

For two colleagues, this summer was a pivotal moment in their careers, both within the Trust and the Church of England family.

Martin McDonald, the lead chaplain for Lancashire Teaching Hospitals was ordained as a deacon in the Church of England at Blackburn Cathedral.

Martin has worked as a nurse for 30 years and for the last 18 years for Lancashire Teaching Hospitals in the Emergency Department at Royal Preston Hospital as a senior nurse.

A year previously Liz Gethin our Clinical Lead Physiotherapist was ordained as a Deacon before this summer taking a further step to being ordained as a priest in the Church of England.

You can read more about Martin and Liz on our [website](#).

New Nursing degree partnership between UCLan and local NHS

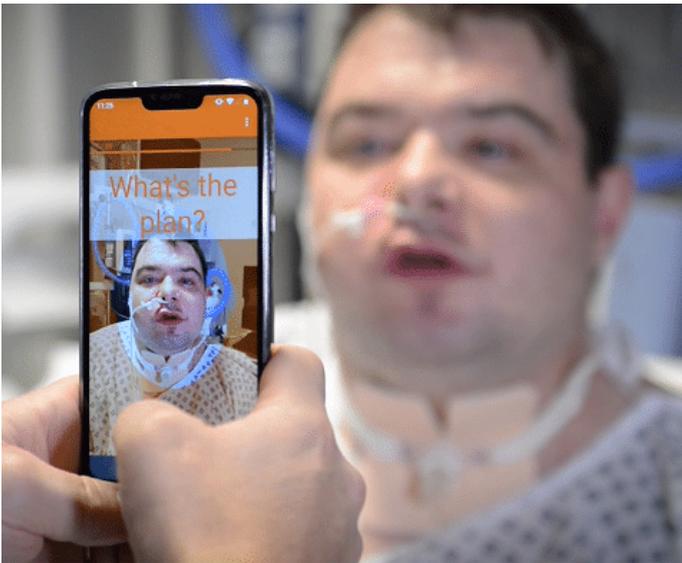
The University of Central Lancashire (UCLan) is working in partnership with the NHS across Lancashire and South Cumbria to provide a registered nursing degree programme.

Intended for delivery in January 2023, it will see the programme being operated from a new satellite centre at Preston College with the theoretical elements being delivered by NHS staff and UCLan. Students will then receive their clinical placement with their local Trust, subject to capacity.

The programme has been created to help address the increasing shortages of adult nurses across local acute trusts including

Blackpool Teaching Hospitals NHS Foundation Trust, East Lancashire Hospital NHS Trust, Lancashire Teaching Hospitals NHS Foundation Trust and the University Hospitals of Morecambe Bay NHS Foundation Trust.

The practice-based pathway will appeal to a wide audience across local communities including adults looking to change career, those returning to work following a career break or current healthcare workers looking to upskill their existing qualifications. Equally, the programme will also be open to traditional academic pathways such as learners progressing from A-Level, Vocational or Access to Higher Education courses.



A voice for the voiceless

The COVID-19 Pandemic has resulted in thousands more patients being given tracheostomies as breathing tubes. These patients cannot pass air over their vocal cords, rendering them "voiceless." Professor Shondipon Laha, Consultant in Critical Care Medicine and Anaesthesia, has been working on the roll-out of the 'SRAVI' lip reading software that uses AI algorithms to decipher speech from lip movements.

Patients simply need to mouth words (from a predefined phrase list) into their smartphone's camera, and the SRAVI app will read out what they are trying to say.

The app was evaluated throughout 2019 – 2021 in the Critical Care department at Royal Preston Hospital, led by Dr Laha.

The app was conceptualised just three years ago, in a partnership between Liopa, Lancashire Teaching Hospitals, and Queen's University Belfast. Following a successful development period, SRAVI has now been licensed for use at the Royal Preston Hospital.



New Multicare intensive care and therapy bed

As a result of judicious purchasing on behalf of the Trust, Martin Keeney from Hotel Services was able to use savings from one project to purchase a Linet Multicare Critical Care Bed.

These beds are widely used in critical care units across the country, but with each costing more than £10k, we currently only have eight on the unit.

Using additional Covid monies we purchased seven during the refurbishment and one other was donated by a relative whose family member passed away on the unit.

The Multicare intensive care and therapy bed is an ideal solution for the special needs of critically ill patients within our Trust.



Lancashire and South Cumbria set to revolutionise NHS pathology deliveries

This summer the NHS in Lancashire and South Cumbria is set to pioneer the use of drone technology to deliver medical samples between selected hospital sites thanks to around £1.4m in UK Research and Innovation funding.

One of only 17 projects selected nationally, the work will see University Hospitals of Morecambe Bay NHS Foundation Trust (UHMBT) and Lancashire Teaching Hospitals NHS Foundation Trust teaming up with local enterprises Digital & Future Technologies and Miralis Data Limited to deliver the 20-month project.

The electrically charged drones will cut the delivery times between the hospitals across Morecambe Bay by over an hour, optimising the operation of pathology labs, meaning patients and clinicians will have access to results faster.

Professor Anthony Rowbottom MBE, Professor of Clinical Immunology at Lancashire Teaching Hospitals, added: "This important project will revolutionise deliveries across a specific part of Lancashire and South Cumbria and provide valuable insight into how this can be expanded across a larger pathology partnership network."

You can read the full story on our [website](#).



Nightingale Ward closes and Cuerden Ward opens

On Thursday 30th June, the Nightingale demountable facility at Royal Preston Hospital officially closed its doors after over five months in service.

The facility cared for over 1,000 low acuity patients who were nearing discharge since its opening on 27th January with the additional bed base allowing the system to improve flow during exceptionally busy winter and spring periods.

Both clinical and non-clinical staff have been involved in the set-up, delivery and take-down of the facility. It really has been a whole Trust effort and all staff can be proud of the part they have played in ensuring its success.

Prior to its closure, Chief Executive Kevin McGee and other members of the Executive Team visited the site to thank staff for their efforts.

Meanwhile, on Monday 11th July, elements of the new Cuerden Ward at Chorley and South Ribble Hospital opened to add some much-needed capacity into the system to improve patient flow.

Once fully complete, Cuerden Ward will create 24 additional beds and will provide additional capacity at the hospital to help care for diabetes, endocrinology and general medical patients.

Launch of the new Tobacco and Alcohol Care Team (TACT)

From 1st July the Hospital Alcohol Liaison Service (HALS) expanded their services to also provide treatment and support to all admitted smokers – this has now become the Tobacco and Alcohol Care Team (TACT).

The Trust has also introduced a new treatment and support pathway for inpatients who smoke. This includes new requirements to ensure all patients are asked on admission if they currently smoke, provides them with brief advice and offers them the suggested treatment at the point of admission.

Any admitted patient identified as a smoker will automatically be referred to the TACT team who will aim to visit patients within 24 hours of their admission. Patients are offered 12 weeks of support and treatment in conjunction with their hospital admission and then onward referral to the community Quit Squad team.



Official opening of new Burnley kidney disease centre

Patients and families were invited to the official opening of a new centre in Burnley for people being treated for kidney disease.

John Sagar Renal Centre, at Briercliffe Shopping Centre, provides haemodialysis treatment and outpatient clinic facilities for patients from across the region.

Haemodialysis is a treatment to remove waste products and extra fluid from the blood, and is given to patients whose kidneys have stopped working properly.

The new centre was named in honour of East Lancashire man John Sagar, who was the President of the Lancashire and South Cumbria Kidney Patients Association.

Read more on our [website](#).



New Blackburn Renal Centre opens

A special opening event took place at a new centre in Blackburn for people with kidney disease, named in honour of a doctor who recently celebrated 50 years with the NHS.

The Laurie Solomon Renal Centre has been opened by the Trust as part of a programme of improvements to renal facilities across Lancashire and South Cumbria.

Dr Solomon, who is due to soon retire, started at Royal Preston Hospital and East Lancashire in 1990, having qualified as a doctor in 1972.

The new centre in Blackburn provides 24 haemodialysis stations and outpatient clinic facilities for patients from across the region.

Read more on our [website](#).



GOVERNORS' UPDATE

Appointed Governors



Will Adams
Appointed Governor



Alistair Bradley
Appointed Governor



Jacinta Nwachukwu
Appointed Governor



Eddie Pope
Appointed Governor



Suleman Sarwar
Appointed Governor



Keith Ackers
Public Governor



Pav Akhtar
Public Governor



Takhsin Akhtar
Public Governor



Peter Askew
Public Governor



Sean Barnes
Public Governor



Sheila Brennan
Public Governor

Public Governors



Paul Brooks
Public Governor



David Cook
Public Governor



Kristinna Counsell
Public Governor



Margaret France
Public Governor



Steve Heywood
Public Governor



Lynne Lynch
Public Governor



Janet Miller
Public Governor



Frank Robinson
Public Governor



Anne Simpson
Public Governor



Mike Simpson
Public Governor



David Watson
Public Governor



Paul Wharton-Hardman
Public Governor

Staff Governors



Rebecca Allcock
Staff Governor



Anneen Carlisle
Staff Governor



Dr Waqas Khan
Staff Governor



Piotr Spadlo
Staff Governor

Being a Governor

Governors are elected by Trust members, both public and staff, or are nominated by some of our partner organisations. Elections to the Council of Governors take place at the beginning of each year, and governors generally serve a three-year term of office, beginning and ending in April.

Governors are the direct representatives of local communities, they challenge the Board of Directors and hold the Non-Executive Directors to account for the performance of the board. Governors also represent the interests of NHS Foundation Trust members

and the public, and provide them with information on the Trust's performance and forward plan.

The Council of Governors holds four meetings each year which are open to the public. The agenda papers are published in advance and are available on the website for the current year and previous years. Regular workshops are arranged to support Governors to keep up to date with developments in the NHS, the healthcare needs of the local community, and our strategy and performance.

Elections are generally held in March each year, if you would like to consider standing for election, please email foundation@lthtr.nhs.uk

A special message from our former Chair, Professor Ebrahim Adia



Wednesday 31st August 2022 marked my final day as Chair of Lancashire Teaching Hospitals NHS Foundation Trust.

I wanted to say goodbye and thank our wonderful communities for the incredible support you have shown our Trust throughout my time in post.

It has been an enormous privilege for me to serve as Chair of this incredible organisation since 2019, and I have valued the contribution

made by everyone involved in the Trust, from our frontline workers to our board members, governors, members and volunteers.

My time as Chair has inevitably been dominated by the COVID-19 pandemic, which began just months after I took up the post. It has been an extraordinarily challenging period for the Trust, and the wider NHS. The courage and dedication shown by Trust staff during this period has been a daily inspiration to me.

I have mixed feelings on leaving the Trust – on one hand I am sad to be saying goodbye, but on the other I am confident that with the depth of talent among staff and the quality of Trust leadership, Lancashire Teaching Hospitals will continue to thrive for many years to come.

Happily, my new position as Vice-Chair and Non-Executive Director of the Lancashire and South Cumbria Integrated Care Board and Chair of its People Board will mean I have the opportunity to continue to serve our local communities.

Best wishes

Professor Ebrahim Adia (Ibby)

Item	Time	Encl.	Presenter
Welcome and Introduction	6.00pm	Verbal	Chair
Annual Review 2021/22	6.10pm	Presentation	Chief Executive
First Q&A Session	6.30pm	Verbal	Board of Directors
Clinical presentation	6.45pm	Presentation	Patient Contribution to Case Notes (PCCN)
Clinical presentation	7.00pm	Presentation	'Set for Surgery'
Second Q&A Session	7.15pm	Verbal	Board of Directors
End of Event	7.30pm	Verbal	Chair

2022 Election to the Council of Governors

The 2022 election to Lancashire Teaching Hospitals' Council of Governors was held earlier this year for the seven Public Governor seats to be vacated on 31 March 2022.

The election was conducted by Electoral Reform Services who acted as Returning Officer on behalf of the Trust and the successful candidates were contacted on 25 March 2022 by both the Trust and Electoral Reform Services to communicate the outcome of the election.

The election was conducted using the single transferable vote electoral system and the following candidates were selected with their term of offices lasting until 31 March 2025:

Re-elected



Peter Askew



Takhsin Akhtar



Stephen Heywood



Michael Simpson

Newly elected



Paul Wharton-Hardman



Sheila Brennan



Kristinna Counsell

Annual Members' Meeting 2022

The Annual Members' Meeting 2022 will be held on Wednesday 12th October from 6pm – 7.30pm.

Due to COVID-19 restrictions in place within a NHS setting, we took the decision to once again hold this year's Annual Members' Meeting virtually (see draft agenda left).

Of course, whilst it is always nice to meet in person, it is our priority to keep everyone safe.

Here is the link to join: <https://bit.ly/3pHKona>

Janet Miller (a day in the life)



Public Governor, Janet Miller, recently took to the floor to spend some insightful time with three of our teams on the ground as part of the first National Healthcare Estates and Facilities Day.

This included sessions with the Rapid Response and Capital teams on-site at Chorley and South Ribble Hospital before a day at

Royal Preston Hospital to spend time with our Security teams.

Janet first visited the rapid response team whose job is to respond to calls for urgent cleaning calls services across our hospitals to ensure the Trust is maintaining the highest infection prevention and control standards. During her session with the team, Janet visited Orthopaedic outpatients, oxygen clinic and Rookwood B



and learned how the Domestic Services team work closely with the Rapid Response team to maintain consistently high standards.

Janet then spent time with the Trust's Head of Estates (Building), Shaun Ashworth to visit the new 24-bed Cuerden Ward at Chorley and South Ribble Hospital to view the latest progress. The

ward provides additional capacity at the hospital to help care for diabetes, endocrinology and general medical patients.

Finally, Janet's series of visits was capped off by shadowing security on their rounds at Royal Preston Hospital and learning about the wide variety of tasks both inside and outside of hospital the team get involved with.

What's important to you? Survey coming soon...

Our Lancashire Teaching Hospitals Governors are direct representatives of our local communities and represent the interests of NHS Foundation Trust members.

Our vision for our membership is to have an informed, engaged and involved membership who are able to fully represent the needs and experiences of our community by actively participating in influencing and shaping how our services are provided both now and in the future.

One way to achieve this is to ensure that there is regular and effective engagement between members and governors so that

members' views can be represented in shaping the delivery of services and the strategy of the Trust.

Having had limited contact with members over the last couple of years due to the pandemic, the next edition of Trust Matters will feature a survey to help gather your views on what's important to you.

The survey will be available both electronically and in print – please look out for this in the Winter 2023 edition!

Governors' Virtual Coffee Catchups

7 October 2022
11 - 12pm

11 January 2023
3 - 4pm

News & views
Join us on Microsoft Teams Live scan the code →

NHS
Lancashire Teaching
Hospitals
NHS Foundation Trust

This meeting will be held virtually via **Microsoft Teams Live** or members can join via telephone. If you are not a member – you can sign up through our online form.

To find out more please email foundation@lthtr.nhs.uk

 **Contact our Membership Office**

Email: foundation@lthtr.nhs.uk



Supporting world class treatment, research and outstanding care



Children's Appeal tops £150,000

Baby Clara Bentley, who recently spent a day on the Children's Ward at the Royal Preston Hospital with mum Sophie William, raised her arms in a cheer as she watched the Lancashire Teaching Hospitals Charity Children's appeal barometer reach £150,000.

The Children's Appeal aims to raise £1 million to create a bright, friendly and appealing environment for all children visiting our hospital and to give children and their families the best possible care and experience from the moment they arrive.

Every year, our Children's Services at Lancashire Teaching Hospitals treat over 10,000 children from just one-day to 19-years-old, for conditions ranging from breathing difficulties and broken limbs to mental health conditions. That's a lot of children, plus their families, who will benefit from the changes we want to make.

You can donate to the appeal on the LTH Charity's website - lthcharity.org.uk



Year 6 children to receive mental health support

The English Football League (EFL) Trust, alongside four Club Community Organisations (CCOs) in Lancashire, are aiming to support children and their mental health through a new two-year project, Headstart, funded by Lancashire Teaching Hospitals Charity after successfully applying for an NHS Charities Together Grant.

Headstart is a new initiative being piloted across Lancashire and South Cumbria to support the mental health of year 6 children who are transitioning into secondary school. The EFL Trust have been awarded £333,709 from NHS Charities Together to deliver the programme alongside Fleetwood Town Community Trust, Preston North End Community Trust, Morecambe FC Community Sports and Accrington Stanley Community Trust. Following a pilot this year, the programme will be rolled out to the other EFL Club Community Organisations also located within the Lancashire and South Cumbria region.

The programme aims to reduce the strain on the NHS by targeting those children currently accessing or at risk of needing to access children's mental health services. CCOs will work closely with local primary schools, their pupils and their families through a dedicated Mental Health Transformation Officer based in each CCO.

Read more on our [website](#).



Refugee who embraced new life in Preston donates £5k

A woman who arrived in Preston with little more than the clothes she was wearing has gifted £5,000 to the renal unit at the Royal Preston Hospital.

Great-grandmother Jamnaben Tailor, of Trower Street, made the donation in memory of her late husband Dullabhbhai Tailor who had received dialysis three times a week at the Royal Preston's renal unit prior to his passing.

They arrived together in Preston in 1968 having fled Nairobi as part of the Asian exodus of Kenya following the country's independence from Britain and the introduction of subsequent new laws that prevented many of the Asians living there, the majority of whom were from India, from making a living.

Read the full story on the Charity's [website](#).

♥ Our Charities

Julie takes fundraising to the wire

Children's respiratory specialist nurse Julie Abernethy took her fundraising for the Children's Appeal to the wire when she persuaded three colleagues to join her at Penrhyn Quarry in North Wales to ride the world's fastest zip line! In zooming down the 1.5km Velocity 2 zip wire at speeds of up to 100mph Julie, who is based at Leyland's Broadoaks Child Development Centre, the centre's matron Victoria Atkinson, children's community nurse Jayne Chester and tissue viability nurse Kate Hunter raised £1,000 in sponsorship with gift aid for the appeal.

Read more on the Charity's website.



Swimmers raise money for Trust charity

A quartet of outdoor swimmers raised £4,280 for Lancashire Teaching Hospitals Charity's Children's Appeal by pulling off a master stroke after their charity swim event was postponed.

High winds forced the abandonment of this year's Great North Swim on Lake Windermere but appeal patron Barry Leahey MBE, appeal fundraiser Lucy Clark and supporters Sarah Knowles and Gregoire Saul instead headed to Wigan's Three Sisters Recreation Area where Barry swam one and a half miles and the others swam two.

You can read the full story on the Charity's [website](#).



City Mayor visits Royal Preston

Our Lancashire Teaching Hospitals Charity team recently welcomed the Mayor of Preston, Councillor Neil Darby to Royal Preston Hospital to look around some of our areas including Ward 3 (ENT) and Ward 8 (Children's).

LTH Charity is one of Councillor Darby's official mayoral charities during his term of office in part as a response to the impact that Covid has had on our local hospital and the hard work done by staff throughout the crisis, and partly a tribute to the fantastic work done by the NHS in caring for his mum who suffers from a chronic medical condition.

Councillor Darby is the 694th Mayor of Preston, a position which dates back to 1327. Neil is honoured to be supported during his mayoral year by his Mayoress Pauline Brown, a long-serving councillor for Ingol, Tanterton, Cottam and Lea Town herself who would have been Mayor had her health allowed. He is also supported in his duties by his partner Dan as Mayor's Consort.



Choir on song in local supermarket

Shoppers at Deepdale's Sainsbury's supermarket found themselves being serenaded in the aisles by members of Bamber Bridge's Singing 4 U Choir, a group that sings to raise funds for local charities.

This time they were raising their voices for Lancashire Teaching Hospitals NHS Foundation Trust's Children's Appeal with store customers showing their appreciation by adding £236.86 to their collection buckets.



City Mosque donates £12,000 to the Emergency Department

Representatives of a Preston Mosque visited Royal Preston Hospital to present a donation of £12,000 to the Emergency Department.

The donation by Masjid Salaam, in Watling Street Road, was made as a token of thanks for the hard work of the Emergency Department Team and their support for the community throughout the COVID-19 pandemic.

Lancashire Teaching Hospitals NHS Trust Chief Executive Kevin McGee accepted the donation alongside representatives from the department and Lancashire Teaching Hospitals Charity. Read more on our Charity's [website](#).



Supporting Babies & Mothers
across Lancashire & South Cumbria



Celebrate International Day of the Midwife

Care packages designed to say a heartfelt thank you and filled with tokens of appreciation have been delivered to staff working across Lancashire Teaching Hospitals maternity service in celebration of International Day of the Midwife.

The care packages were created in partnership with the Royal College of Midwives local branch and include generous donations made to the Trust's neonatal and maternity charity Baby Beat. The charity support babies, mums and mums-to-be cared for across the two maternity units, Neonatal Intensive Care Unit and Gynaecology unit.

International Day of the Midwife is an annual event held on 5th May to celebrate the work of the global midwife community. This year Lancashire Teaching Hospitals has paid tribute to the dedicated work of their midwives and maternity support teams who work tirelessly to ensure services run efficiently to provide the best of care to patients and their families.

Read more on the Baby Beat website - babybeat.org.uk



New specialist cots funded

Neonatal and maternity charity, Baby Beat funded six new cots in July. They are specifically designed to enhance the care provided to babies receiving treatment at Royal Preston's Children's Ward. The cots are transparent from end-to-end to allow babies to interact with their families, featuring colourful character motifs to provide a pleasant and playful environment for babies and their parents.

The cots were specifically chosen by clinical staff following a successful trial, with staff commenting on the ease of access, child-friendly appearance, and electronic features, which includes height and backrest adjustments, as well as a safety lock to prevent accidental movement of the cot. You can read the full story on our [website](#).

Enhancing maternity care for multiple pregnancies

Lancashire Teaching Hospitals is working with the Twins Trust to enhance the care provided to mothers who experience a multiple pregnancy.

The Twins Trust Maternity Engagement Project will help the Trust improve compliance of the National Institute for Health and Care Excellence (NICE) guidance for twins and triplets as advised in the recent Ockenden report.

Achieving the standard will help the maternity team build on their current antenatal care practices and ensure women with multiple pregnancies receive the best and safest quality care throughout their pregnancy.

The 12-month project has been funded by Baby Beat which funds research projects, equipment and additional resource to support babies, mums and mums-to-be being cared for in our two maternity units, Neonatal Intensive Care Unit and Gynaecology unit at Lancashire Teaching Hospitals.

You can read the full story on our [website](#).



New game changing dental equipment

In June, dentistry equipment billed as “game changing” for how it can be used to speed patient healing and reduce the risk of treatment complications was bought for the dental teams at the Royal Preston and Chorley and South Ribble Hospitals by Rosemere Cancer Foundation.

The charity had help from staff at Preston’s Springfields Fuels Limited, owned by Westinghouse.

Springfields Employees’ Medical Research & Charity Trust Fund gave Rosemere Cancer Foundation a £2,695 award to put towards the total £5,250 cost of two PRF Duo Quattro Full Systems – one for each hospital.

The dentistry teams look after patients not just from the Preston area but also, those from across Lancashire and South Cumbria undergoing treatment for head and neck cancers, which includes cancers of the mouth, at Rosemere Cancer Centre.

Their new kit is a centrifuge system that can be kept chair-side. A small blood sample is taken from patients needing surgical procedures such as tooth extractions, bone grafts or dental implants. This sample is processed and used post-surgery to help reduce patients’ post-operative pain and decrease their risk of complications from subsequent infections.



Second anti-hair loss system for cancer centre patients

Thanks to the kindness of our wonderful supporters, donors and fundraisers, we are delighted to let you know that we have funded a second anti-hair loss system for the Chemotherapy Unit here at Royal Preston Hospital.

We have used £25,200 of charitable funds to buy a specialist Paxman Scalp Cooling System. This will join a piece of the same kit that’s already in place on the unit, which was in such high demand that a second system was necessary.

While not all chemotherapy medicines cause hair loss, patients on those treatments that do can often find it one of the hardest things about living with cancer; the physical change can have a huge impact on both men and women who have to go through it.

The money we spent on the system included a £5,200 donation from the Medicash Foundation, the charitable arm of the Liverpool-based health insurer Medicash, and a £2,500 award from the David Brooke Charity.

We also put almost £1,100 towards the system from funds raised by Penwortham supporter and fundraiser Amy Mills, who underwent 18 weeks of chemotherapy in 2020 as part of her treatment for breast cancer.

Read the full story on the Rosemere website [rosemere.org.uk](https://www.rosemere.org.uk)

Rosemere launches appeal to revolutionise radiotherapy treatment



This year marks the 25th anniversary of Rosemere Cancer Foundation, and the 25th year of Radiotherapy at Royal Preston Hospital’s Cancer Centre. In honour of the occasion, we are excited to launch our 25th Anniversary Appeal, to revolutionise how radiotherapy

treatment is delivered to cancer patients across Lancashire and South Cumbria.

Our silver jubilee 25 Years Anniversary Guiding Light Appeal, which launched on Monday 23rd May, will bring Surface Guided Radiotherapy Treatment (SGRT) to Rosemere Cancer Centre.

SGRT’s arrival at a cost of £1.3 million makes Rosemere Cancer Centre only the second cancer centre in the North West (second to just The Christie in Manchester) to provide it and only the 15th out of the UK’s total 65 specialist cancer centres, which are dotted across the whole of England, Scotland, Wales and Northern Ireland.

Read the full story on the Rosemere website [rosemere.org.uk](https://www.rosemere.org.uk)



Critical Care Consultant highly commended at NHS Parliamentary Awards

June saw one of our consultants in critical care at Lancashire Teaching Hospitals be highly commended in this year's NHS Parliamentary Awards.

More than a hundred nominations across the ten categories were submitted in the North West, by more than 50 MPs; more than have ever been involved before.

Professor Shondipon Laha, Consultant in Critical Care Medicine and Anaesthesia, who is also executive of the national Intensive Care Society and an Honorary Clinical Professor at the University of Central Lancashire, won the regional Future NHS Award for his commitment to improving health care, championing research, and

introducing innovative ideas throughout the COVID-19 pandemic, and was put forward for the national awards where he was later highly commended.

Nominations for Professor Laha were received by the Rt Hon Nigel Evans MP, Katherine Fletcher MP, Sir Mark Hendrick MP and Rt Hon Ben Wallace MP.

Professor Laha said: "I am honoured to have received the Future NHS Award – it's testament to the support of Lancashire Teaching Hospitals, the Intensive Care Society and the University of Central Lancashire that I have been able to champion healthcare innovation to improve the treatment and care of those most in need."



Preston mosque honours city's key workers

In July, key workers and the public sector were thanked for their efforts to keep the city going during the pandemic at a special event held in Preston.

The Quwwatul Islam mosque, in Peel Hall Street, Preston hosted the 'star' studded occasion to celebrate and recognise many public services within Lancashire for all their efforts in supporting the community during the difficulties of the Covid pandemic.

Imam Khalid Ibrahim speaking at the event said: "As NASA discovers new stars and galaxies in the universe, Lancashire, and in particular Quwwatul Islam mosque, was blessed to host such auspicious local 'stars' of our own."



Andy receives special Commemorative Medal

To mark The Queen's Platinum Jubilee this summer, a special commemorative medal has been awarded to Trust Consultant in Emergency Medicine, Andy Curran, as a token of the nation's thanks and to celebrate Her Majesty The Queen's 70-year reign.

Set nationally by the Department of Health and Social Care, the jubilee medals were available to emergency services staff across the country.

Andy has also been the Associate Medical Director for North West Ambulance Service (NWAS) since 2006 and has been Medical Director for the North West Air Ambulance charity since 2017.

Andy's medals were presented by NWAS Corporate Consultant, Steve Bell (pictured).

Research Matron represents North West at Woman of the Year Luncheon and Awards Ceremony

Research Matron, Katrina Rigby, represented the North West at this year's Women of the Year Luncheon & Awards Ceremony at Birmingham's Hilton Metropole.

The annual awards aim to highlight and celebrate the achievements of exceptional women across the UK while helping to raise funds for their chosen charities, which includes NHS Charities Together.

This year, the Women of the Year Luncheon & Awards presented a special accolade to the Women of the NHS, in recognition of their unwavering dedication, commitment and compassion to society..

Read the full article on our [website](#).

★ Recognising our wonderful staff

National Healthcare Estates and Facilities Day



Earlier this summer Lancashire Teaching Hospitals NHS Foundation Trust celebrated the first National Healthcare Estates and Facilities Day in recognition of its dedicated Estates and Facilities workforce.

The Estates and Facilities division is made up of over 1,500 staff – around 11% of the workforce.

The day was created following a decision by professional associations representing NHS Estates and Facilities

staff across the UK to jointly create a national day to celebrate the essential work of the profession.

Across Lancashire Teaching Hospitals, there are 15 areas that make up the Estates and Facilities division including: cleaning, catering, decontamination, linen services, portering, security, engineering and grounds maintenance, rapid response, transport, waste management, residential, capital, general office, and administration services.

In the last year, the medical engineering department across the Trust has maintained the use of more than 22,000 medical devices; porters have completed on average 244,057 tasks; linen services were responsible for more than 4 million pieces of linen, the general office team answered on average six hundred calls per week from members of the public, and the catering department produced around 985,000 meals.

David Hounslea, Director of Estates and Facilities at Lancashire Teaching Hospitals said: "From looking after our buildings and grounds, to delivering patient services, our Estates and Facilities staff are vital part of our NHS.

"I am incredibly proud of the work our colleagues do to ensure the running of our services to care for patients, and it's great to have a national day that celebrates this work."



Our new wall of fame

From this summer we have a new display on two selected corridors at both Chorley and Preston Hospitals. We are sharing our successes with pride with our new Wall of Fame. Colleagues featured on the wall are those who have been recognised for their dedication, professionalism, and commitment to patient care.



Cardio-Respiratory team awarded Echo Quality Accreditation

In July we were thrilled to announce the Echo Quality Accreditation had been awarded from the British Society of Echocardiography.

We are the second centre / Trust in the country to achieve this status, so we are super proud of this amazing achievement!

This is something the Echo team have worked so hard to implement and achieve, and so we are delighted with this recognition.



Queen's Platinum Award for Sister Anne

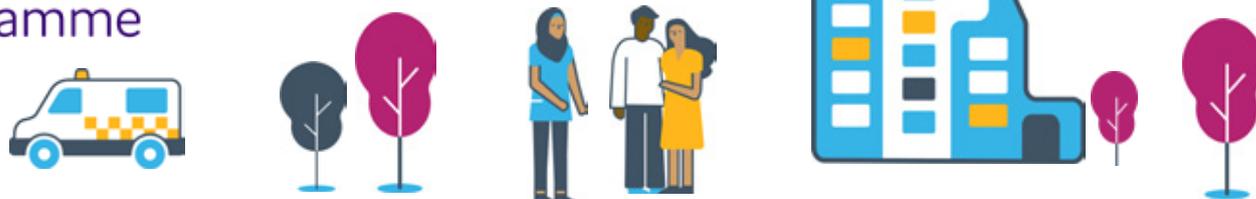
Sister Anne, who retired recently from being a volunteer at Lancashire Teaching Hospitals after 24 years of loyal uninterrupted service, has been awarded a Platinum Jubilee Award.

This is one of only 490 awards to be presented by Her Royal Highness The Duchess of Cornwall, on behalf of The Royal Voluntary Society, to celebrate extraordinary volunteers who go the extra mile to improve the lives of others.

Now in a convent on the south coast of England, Sister Anne said, upon being told of her award:

"What a lovely surprise to receive this award I will wear the medal with pride. I wish all my friends and former colleagues at the hospital the very best. God bless you all."

You can read more about her amazing life on our [website](#).



Latest news from the New Hospitals Programme

The Lancashire and South Cumbria New Hospitals Programme offers a once in-a-generation opportunity to transform our region's ageing hospitals and develop new, cutting-edge hospital facilities that offer the absolute best in modern healthcare.

Where is the programme up to?

In March 2022, we announced our shortlist of proposals for new hospital facilities in the region, marking an important milestone in transforming care and reducing health inequalities for local people.

The shortlisted proposals are:

A new Royal Lancaster Infirmary on a new site, with partial rebuild / refurbishment of Royal Preston Hospital

A new Royal Preston Hospital on a new site, with partial rebuild / refurbishment of Royal Lancaster Infirmary

Investment at both Royal Lancaster Infirmary and Royal Preston Hospital, allowing partial rebuilding work on both existing sites

Two new hospitals to replace Royal Lancaster Infirmary and Royal Preston Hospital (new sites).

These proposals also include investment in Furness General Hospital, required due to its geographically remote location, its proximity to some of the UK's major strategic national assets, and its need to meet NHS environmental goals.

Following detailed analysis of each shortlisted option's feasibility, we will follow a clear process over the coming months, with scrutiny and approvals needed from decision makers within the NHS, the government and local authorities, and ongoing patient and public involvement, before the preferred option is agreed.

You can read more about the shortlist here:

<https://newhospitals.info/news/shortlist>

What do people think about hospitals in Lancashire and South Cumbria?

We have heard from thousands of people across the region and are now able to share a number of our findings. Here is a summary of the key themes from the feedback about the New Hospitals Programme:

- **There is widespread support in favour of funding for new hospital facilities.** Local people, patients and staff all acknowledged the ageing population of the region and health inequalities as a driver for urgent improvements for hospital facilities.

- **Travel and accessibility considerations are the biggest talking point.** The public, patients, staff, MPs and wider stakeholders all agreed that travel and accessibility would be a top priority in the development of proposals.
- **People are open to the use of digital tools to enable care closer to home.** Future potential for patient video or telephone consultations is generally supported.
- **A single new hospital on a new central site is not acceptable to most audiences.** In many discussions with patients, the public and under-represented communities and inclusion groups, people expressed fears and concerns around a single new hospital. The main concerns centred on services being located too far away and potential difficulties travelling to and around the hospital.
- **New hospital facilities should be designed with sustainability in mind.** Design, layout, and sustainability was the second most popular discussion point after travel and accessibility. People hoped for flexible spaces and green areas, recreational and wellness areas for staff and visitors, and were positive towards refurbishment of existing sites, perceived as a more sustainable solution.
- **Hospital sites must be 'future-proofed' to meet the region's long-term needs.** Patients told us that they want hospital sites to be in accessible locations and to have improvements to meet future (not just current) healthcare needs.
- **Patient-centred care was the most important topic for inclusion groups.** People wanted the future of healthcare to be based on holistic care, collaboration, prevention and tackling health inequalities. Inclusion groups hope that there will be more emphasis on training hospital staff to raise their understanding of the needs of under-represented people.

We will be publishing a full report later in the year.

For all the latest news about the New Hospitals Programme, visit <https://newhospitals.info> - you can also find us on Twitter [@NewHospitalsLSC](https://twitter.com/NewHospitalsLSC) and like us on [Facebook](https://www.facebook.com/NewHospitalsLSC) (just search for 'Lancashire and South Cumbria NHS New Hospitals Programme').



Dates for your diary 2022/23

The [Corporate Calendar 2022](#) can be viewed on our website.

Members are welcome to come along to the public section of both the Council of Governors and Board of Directors meetings to observe and listen to the Governors and Board Members discussing Trust business.

Annual Members' Meeting

Wednesday 12 October 2022	6pm–7.30pm	Virtually using Microsoft Teams Live
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Board of Directors' Meetings

Thursday 6 October 2022	1pm–6pm	Virtually using Microsoft Teams
Thursday 1 December 2022	1pm–6pm	Virtually using Microsoft Teams
Thursday 2 February 2023	1pm–6pm	Virtually using Microsoft Teams

Council of Governors' Meetings

Thursday 3 November 2022	10am–1pm	Virtually using Microsoft Teams
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Council of Governors' meetings are held four times per year and any member of staff or the public are welcome to attend.

Please note that meeting dates may occasionally be subject to change. Please email company.secretary@lthtr.nhs.uk if you would like to attend either of the meetings and the virtual links will be forwarded to your calendar.

All public events are advertised on our website: lancsteachinghospitals.nhs.uk

To view **TRUSTMatters** online go to: www.lancsteachinghospitals.nhs.uk/trust-matters

Trust Matters is available in different versions including audio. If you require this magazine in a different format, please contact the Membership Office.

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