



Patients Contribution to Case Notes (PCCN speciality)

Our patients are a member of the team



It's ok to ask!

- It's ok to ask staff and doctors whatever you think is important.
- It's ok for carers or next of kin to contribute to this document.
- It's ok to share your feeling and concerns freely either in writing or with staff.
- It's ok if you want to talk about sensitive or confidential information and not write it down.

Patients note keeping diary

This document is intended for you to share your own feelings and views on your own progress while admitted to the hospital. It is meant to give you time to document your thoughts at your own pace.

The diary is meant to enhance your positive experience by giving you a platform that allows you more control on your own health and any decisions taken about you by healthcare staff.

The diary aims to concentrate on areas that are of importance to you. It is divided into the following headings in general:

1. A summary of your journey from the time of your referral to diagnosis, tests done and clinic visit outcome. This is a page length for you to share your feelings about your journey up and until the time of your admission.
2. Your daily progress in your own words.
3. Any issues or concerns you want to address about your care
4. What you need to do to enhance your recovery.

We aim for this diary to be part of daily ward round where nurses and doctors read and act on what is important to you as written in your diary. We hope to get you very much engaged in your own treatment by actively participating in this diary. This will help us too improving the way we provide service to our patients.

Sincerely
The team

Please share with us your feelings and experience from the time of referral by your doctor through to tests and clinic visits up to your date of admission to hospital today.

Day 1: Date:

Name:

My diagnosis is:

My operation - in my own words is:

The doctor who saw me today is:

Below is what I understand about my current hospital admission:

- | | |
|--|------------------|
| 1. I am fully informed about how the surgery went on; | Yes /No |
| 2. I am fully updated about my daily observations and test results; | Yes/No |
| 3. I am fully informed about my estimated day of discharge; | Yes/No |
| 4. I am fully informed about timelines to remove drains and other tubes; | Yes/No/NA |
| 5. I am progressing with my stoma care; | Yes/No/NA |

I need to know the following about my own progress:

e.g. eating & drinking, pain control, stoma issues, any other questions;

I have the following issues/concerns to discuss with nursing/medical staff:

e.g. communication issues or any other issues.

Below is what I need to do to make my recovery faster: - Please comment after the ward round as you understand

- Walking/getting out of bed

- Eating and drinking

- Other instructions as agreed with medical/nursing staff - please write.

Day 2: Date:

Name:

My diagnosis is:

My operation - in my own words is:

The doctor who saw me today is:

Below is what I understand about my current hospital admission:

- | | |
|--|------------------|
| 1. I am fully informed about how the surgery went on; | Yes /No |
| 2. I am fully updated about my daily observations and test results; | Yes/No |
| 3. I am fully informed about my estimated day of discharge; | Yes/No |
| 4. I am fully informed about timelines to remove drains and other tubes; | Yes/No/NA |
| 5. I am progressing with my stoma care; | Yes/No/NA |

I need to know the following about my own progress:

e.g. eating & drinking, pain control, stoma issues, any other questions;

I have the following issues/concerns to discuss with nursing/medical staff:

e.g. communication issues or any other issues.

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- Walking/getting out of bed

- Eating and drinking

- Other instructions as agreed with medical/nursing staff - please write.

Day 3: Date:

Name:

My diagnosis is:

My operation - in my own words is:

The doctor who saw me today is:

Below is what I understand about my current hospital admission:

- | | |
|--|------------------|
| 1. I am fully informed about how the surgery went on; | Yes /No |
| 2. I am fully updated about my daily observations and test results; | Yes/No |
| 3. I am fully informed about my estimated day of discharge; | Yes/No |
| 4. I am fully informed about timelines to remove drains and other tubes; | Yes/No/NA |
| 5. I am progressing with my stoma care; | Yes/No/NA |

I need to know the following about my own progress:

e.g. eating & drinking, pain control, stoma issues, any other questions;

I have the following issues/concerns to discuss with nursing/medical staff:

e.g. communication issues or any other issues.

Below is what I need to do to make my recovery faster: - Please comment after the ward round as you understand

- Walking/getting out of bed

- Eating and drinking

- Other instructions as agreed with medical/nursing staff - please write.

Day 4: Date:

Name:

My diagnosis is:

My operation - in my own words is:

The doctor who saw me today is:

Below is what I understand about my current hospital admission:

- | | |
|--|------------------|
| 1. I am fully informed about how the surgery went on; | Yes /No |
| 2. I am fully updated about my daily observations and test results; | Yes/No |
| 3. I am fully informed about my estimated day of discharge; | Yes/No |
| 4. I am fully informed about timelines to remove drains and other tubes; | Yes/No/NA |
| 5. I am progressing with my stoma care; | Yes/No/NA |

I need to know the following about my own progress:

e.g. eating & drinking, pain control, stoma issues, any other questions;

I have the following issues/concerns to discuss with nursing/medical staff:

e.g. communication issues or any other issues.

Below is what I need to do to make my recovery faster: - Please comment after the ward round as you understand

- Walking/getting out of bed

- Eating and drinking

- Other instructions as agreed with medical/nursing staff - please write.

Day 5: Date:

Name:

My diagnosis is:

My operation - in my own words is:

The doctor who saw me today is:

Below is what I understand about my current hospital admission:

- | | |
|--|------------------|
| 1. I am fully informed about how the surgery went on; | Yes /No |
| 2. I am fully updated about my daily observations and test results; | Yes/No |
| 3. I am fully informed about my estimated day of discharge; | Yes/No |
| 4. I am fully informed about timelines to remove drains and other tubes; | Yes/No/NA |
| 5. I am progressing with my stoma care; | Yes/No/NA |

I need to know the following about my own progress:

e.g. eating & drinking, pain control, stoma issues, any other questions;

I have the following issues/concerns to discuss with nursing/medical staff:

e.g. communication issues or any other issues.

Below is what I need to do to make my recovery faster: - Please comment after the ward round as you understand

- Walking/getting out of bed

- Eating and drinking

- Other instructions as agreed with medical/nursing staff - please write.

Day 6: Date:

Name:

My diagnosis is:

My operation - in my own words is:

The doctor who saw me today is:

Below is what I understand about my current hospital admission:

- | | |
|--|------------------|
| 1. I am fully informed about how the surgery went on; | Yes /No |
| 2. I am fully updated about my daily observations and test results; | Yes/No |
| 3. I am fully informed about my estimated day of discharge; | Yes/No |
| 4. I am fully informed about timelines to remove drains and other tubes; | Yes/No/NA |
| 5. I am progressing with my stoma care; | Yes/No/NA |

I need to know the following about my own progress:

e.g. eating & drinking, pain control, stoma issues, any other questions;

I have the following issues/concerns to discuss with nursing/medical staff:

e.g. communication issues or any other issues.

Below is what I need to do to make my recovery faster: - Please comment after the ward round as you understand

- Walking/getting out of bed

- Eating and drinking

- Other instructions as agreed with medical/nursing staff - please write.

Day 7: Date:

Name:

My diagnosis is:

My operation - in my own words is:

The doctor who saw me today is:

Below is what I understand about my current hospital admission:

- | | |
|--|------------------|
| 1. I am fully informed about how the surgery went on; | Yes /No |
| 2. I am fully updated about my daily observations and test results; | Yes/No |
| 3. I am fully informed about my estimated day of discharge; | Yes/No |
| 4. I am fully informed about timelines to remove drains and other tubes; | Yes/No/NA |
| 5. I am progressing with my stoma care; | Yes/No/NA |

I need to know the following about my own progress:

e.g. eating & drinking, pain control, stoma issues, any other questions;

I have the following issues/concerns to discuss with nursing/medical staff:

e.g. communication issues or any other issues.

Below is what I need to do to make my recovery faster: - Please comment after the ward round as you understand

- Walking/getting out of bed

- Eating and drinking

- Other instructions as agreed with medical/nursing staff - please write.

Feedback (continued):

Below is what I expect when I go home:- Please write as you understand-

1. Bowel functions
2. Wound care
3. Pain control/other medicine
4. Driving
5. Back to work
6. Heavy lifting/activities
7. Going on holidays
8. Food and drink
9. Follow up plans
10. Other queries

I felt truly involved using this diary?



I recommend this diary for all patients?



Feedback:

I have the following suggestions or questions to help improve this diary from a patient perspective:

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