





NHS Foundation Trust

Your hospital magazine for news, views, events and lots more.





Spring 2022 Edition



Chief Executive Update



Dear colleagues,

So much has happened since our last edition of Connect in December 2021, and I continue to be immensely proud of all for the hard work, dedication, and selflessness that you continue to demonstrate on a daily basis, to help ensure we provide the very best of care to our patients, at a time when our NHS as a whole remains under a considerable amount of pressure.

We are now well into Spring, and I hope each of you over the next few months

find the time to rest and recuperate with your nearest and dearest doing the things that you enjoy the most. In recent months, we have marked many awareness days and weeks, including Mental Health Awareness, where I enjoyed a special visit from Bentley the therapy dog, owned by one of our special volunteers, Ellen Fell, who regularly brings Bentley onto site to visit colleagues working in different areas of the organisation.

The Health and Wellbeing of colleagues is of great importance to me and the wider Executive team, and it's important that we do acknowledge the challenges, both physically and emotionally, that we experience in our daily lives. These are topics that should not be a taboo to talk about, and it's only through advocating for these discussions, that we can break down those barriers.

I have no doubt that the rising costs of utility and food bills will have been on many of your minds in recent months, and that's nothing to be ashamed about. This is going be a year which is financially constraining on colleagues and those we care for. If you haven't already, please take the time to visit the Health & Wellbeing page on the intranet, where there are a lot of resources available internally and externally, to help support you and your families and if you come across other helpful resources please do share these via communication@lthtr.nhs.uk.

There is much to celebrate in this Spring edition of Connect, not least of all the wonderful work that you all do, and the refresh of Our Big Plan, but also The Queen's Platinum Jubilee. During the Monarch's 70 years of service, our Trust has had its fair share of royal visitors. Her Royal Highness, Diana, The Princess of Wales opened the Royal Preston Hospital on 1 June 1983; HRH Princess Anne, opened Chorley and South Ribble Hospital on 28 April 1997, and HRH The Princess Royal opened the Sexual Assault Forensic Examination (SAFE) centre in 2002.

In more recent times, Chief Officer at the Rosemere Cancer Foundation, Dan Hill, was honoured to meet the Queen in July 2021 as part of a group of representatives from charities and community groups doing fantastic work across the North West. And it doesn't end there, Dr Thomas Moors, who works in our Ear, Nose and Throat Department, recently attended The Queen's Jubilee royal garden party, for his efforts in supporting those who have had their voice boxes removed as a result of medical conditions, through his charity Shout at Cancer.

Thank you for that everything you do. Hearing from colleagues is one of the highlights of my role and you can always contact me via email Kevin.McGee@Ithtr.nhs.uk or tag me in your good news on Twitter @KMcG_CEO.

Kevin McGee Chief Executive

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Got a story?



Got something great going on in your department and want the rest of your colleagues to know about it?

If you have a story for Connect magazine, please email with the details and if you have a picture of the event we can use: communication@lthtr.nhs.uk



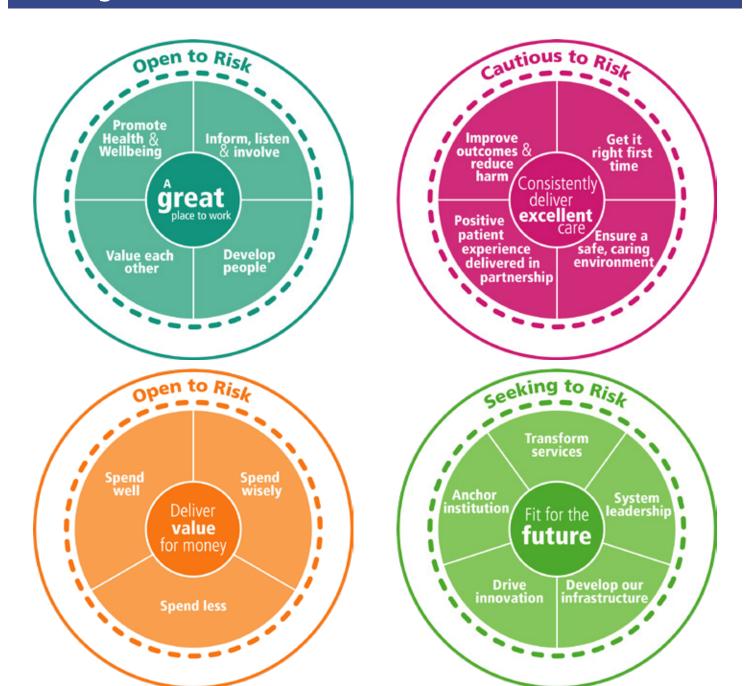






Connect Magazine is printed on sustainably resourced paper

Our Big Plan



Our Big Plan

Our Big Plan is our corporate strategy, which defines our direction of travel, and sets out what we need to do to be successful both now and for the future. Our Big Plan is underpinned by our four ambitions.

Thank you to all colleagues who took time out of their busy schedules to attend this year's Our Big Plan Refresh launch event.

The session which ran on Microsoft Teams, was attended by more than 500 colleagues, a fantastic achievement during exceptionally busy times. If you were unable to attend this event, you can catch up on the recording here.

The ability to successfully deliver Our Big Plan will be dependent upon everyone understanding the part they play in helping us deliver our goals.

We have designed a process for engaging with your teams on Our Big Plan which we request you complete with your teams, which involves:

Familiarising yourself with Our Big Plan

Co-ordinating and preparing to deliver a team engagement session

Facilitating a short team session to engage your team in Our Big Plan

Finalising the team's commitments and embedding them into individual objectives

Latest news



Ground-breaking programme set to attract medical talent to our hospitals

Working together with the University of Manchester and Health Education England, doctors and managers at our hospitals have set up a ground-breaking programme to attract the brightest and best of medical talent.

Mansoura University in Egypt is one of the largest and best universities in North Africa. It has, for several years, run a medical undergraduate course in close partnership with the University of Manchester.

For those who complete all parts of the programme, this leads to a prestigious Postgraduate Diploma from the University of Manchester.



Aid for Ukraine

Joint staff side representatives collected donations to provide practical aid to those fleeing Ukraine. All donations collected were donated to The International Aid Trust, which works with churches around the world to relieve suffering to those in need.

On behalf of staff side, a massive thank you to our fantastic colleagues who contributed to this appeal, including those who helped with collection, storage, and delivery.



Celebrating International Day of the Midwife

Care packages designed to say a heartfelt thank you and filled with tokens of appreciation were delivered to staff working across our Royal Preston Hospital maternity service in celebration of International Day of the Midwife.

Each handmade package included a thank you note as well sweet treats, kindly donated to Baby Beat by Co-Op Food and Sainsbury's in Fulwood. In addition, each package contained a 'caring hand cream' generously donated by Nursem who specialise in hand care for health care workers.



Radiotherapy Department celebrates 25 years of service

Our Radiotherapy Department celebrated 25 years of service in February and used the opportunity to call on the public to not delay seeking help if they notice any signs or symptoms relating to cancer.

Radiotherapy is used to treat diseases (mainly cancer) and can be given in two ways: external radiotherapy using x-rays, or through internal radiotherapy or brachytherapy which involves drinking a liquid or putting radioactive material into or close to the tumour.

Based in the Rosemere Cancer Centre at the Royal Preston Hospital, the Radiotherapy Department opened in 1997 and was initially conceived as a subsidiary department in northern Lancashire for The Christie.

Today, the department provides external beam radiotherapy for the whole adult population of Lancashire and South Cumbria and has continued to diagnose and treat the public throughout the COVID-19 pandemic.



Festive home births make history

For maternity staff working at across our hospitals on Christmas and New Year's Day, the experience was slightly different with the first arrivals on each day being born at home.

Since the home birth team established in March

Since the home birth team established in March 2020, the number of women choosing to give birth at home has steadily increased, and the home birth rate has almost doubled since the launch of the team with 153 babies born at home and cared for by the Ivy team in 2021.



Marking the second COVID-19 anniversary

By way of respect for those who have lost their lives, and to acknowledge the tireless efforts of health and care workers, the Trust Charity lit-up the canopies at the front entrance of Royal Preston Hospital in the colours blue, following a generous donation by Ameon Building Services and Edmundson Electrical Preston, who also kindly installed the lighting free of charge as a gesture of good-will.

Colleagues also observed a nationwide minute's silence, spearheaded by NHS Charities Together, to mark the second anniversary of when the World Health Organization (WHO) declared a pandemic on March 11.



Patient celebrates end-of-cancer treatment with his family

A 73-year-old man thanked colleagues after marking the end of his cancer treatment on the same day the department celebrated 25 years of delivering a radiotherapy service.

Philip Eddleston, from Blackburn, was diagnosed with prostate cancer — which affects the small gland in the pelvis and is part of the male reproductive system - in October 2021.

Marking the end of a 20-day (four-week) course of radiotherapy at the Cancer Centre at Royal Preston Hospital in February 2021, Philip said: "I'm very happy to have completed my course of radiotherapy. The staff have been wonderful and have always made me feel very welcome, which has meant I have never been frightened."

Engagement



Thank You Scheme Another way for you to say thank you

Go to our e-learning site now to see the "Thank Yous" you have received and to send your "Thank You".

The Thank You scheme is another way for you to say thank you to your colleagues and for you to gain feedback and recognition. Has someone done something that has really made a difference to you, the team, or our patients? Perhaps they have really lived our values?

Each month, the individuals and teams who send or receive the most Thank Yous are recognised on our social platforms and in CEO briefings. Individual winners can also collect a Thank You mug from the Staff Engagement Team.

Well done to all winners from January – April 2022 and thank you to everyone who is an advocate of the scheme – send someone a Thank You.

Month	Most Thanked Person/People	Most TY's Sent - Person	Most Thanked Department	Dept' Most TY's Sent
January	Zoe Miller – Staff Nurse, Critical Care Team	Debra Shattock – Domestic Services Manager, Domestics Team RPH	Domestics (RPH)	Domestics (RPH)
February	Scott Carey — Communications Team	Nick Stubbs – Facilities Services Night Support Manager – Domestics Team	Domestics (RPH)	Domestics (RPH)
March	Shared out with the following all receiving the highest number: Anne Tucker — Occupational Therapist Manager, Allied Health Professionals Kirsty Davies — Staff Nurse, Brindle Ward (CDH) Elaine Pepper — Patient Experience Administrative Support, Orthopaedics Admin Ryan Adlem — Security Officer, Estates and Ancillary	Nick Stubbs – Facilities Services Night Support Manager – Domestics Team	Domestics (RPH), followed by Critical Care Unit and Security	Domestics (RPH), followed by Hazelwood Ward (CDH)
April	Eleanor Nicholl – Staff Nurse, Emergency Department Mohamed Patel – Domestic Assistant, Estates and Ancillary Salim Motala – Bank Admin and Clerical Worker	Nick Stubbs — Facilities Services Night Support Manager — Domestics Team Rosie Martland — Sister, CDH Clinical Investigations Unit	Domestic Services and Cellular Pathology Main Dept.	Domestic Services and Clinical Investigation Unit (CIU), CDH.



Team Engagement and Development (TED)

Our new and improved TED online system is now available for all Team Leaders to access. If you have completed TED training in the last 2 years we can grant access on request, otherwise book onto a training session to learn about the system and get your login.

The TED tool is to support you with managing your team, supporting difficult conversations, finding areas of improvement, and improving collaboration and teamwork.

TED can also improve levels of retention and help to lower sickness absence rates through improving engagement and well-being at work.

Upcoming TED sessions:

- Thursday 9th June, 2pm-4pm
- Monday 27th June, 12noon—2pm
- Wednesday 6th July, 1pm-3pm
- Monday 25th July, 10:30am-12:30pm
- Monday 8th August, 12noon—2pm
- Friday 2nd September, 9am-11am
- Tuesday 4th October, 10:30am-12:30pm
- Thursday 3rd November, 2pm-4pm
- Thursday 1st December, 12noon-2pm

To book a TED Team Leader session or have your questions answered, please email TEDsupport@Ithtr.nhs.uk

New features of the TED tool include:

- New team workshop and leadership resources
- Team action plan templates
- Team culture resources
- Civility resources
- Team recovery and resilience resources

How our colleagues celebrated the Platinum Jubilee

To celebrate The Queen's Platinum Jubilee, staff and patients at Lancashire Teaching Hospitals were treated to a free breakfast, as well some royal treats, including scones, jam, and clotted cream over the bank holiday weekend.

Royal Jubilee flags were flown across both hospital sites, with the front entrance of Royal Preston Hospital also lit in the colours red, white, and blue. See more pics on the front cover.





















Engagement



Inclusion Ambassador Forums

The idea behind the Inclusion Ambassador Forums is that they can be used to provide our people with a voice, give support, discuss issues, review policies/procedures but also educate colleagues and help us to truly embrace and celebrate difference.

To get involved in our forums which are listed below, please email inclusion@lthtr.nhs.uk for further information.

- BME
- Living with Disability
- LGBTQ+
- Multi Faith forum

Together we can make a positive difference!





Celebrating our volunteers!

We have around 600 volunteers who donate their time to support our staff to deliver the very highest standards of care with compassion. Volunteers are often the first people patients and visitors see when they come to hospital, providing a warm welcome and offering practical support, information, and helping to allay any anxieties.

Volunteers undertake a wide variety of roles, from running our coffee shops

to helping patients and visitors find their way around. Volunteering is also a fantastic way for young people to gain invaluable experience and is very popular with retirees as a means of keeping busy, sociable and active.

For more information about the volunteers service, contact Sylvia Turner on **01257 247536** or email sylvia.turner@lthtr.nhs.uk.

Patient Contribution to Case Notes (PCCN)

Patient Contribution to Case Notes (PCCN) is a unique initiative in which patients can help us improve our services.

It is a document for our patients and families to use which encourages the conversation to be around what is important and what matters to them.





Each patient is given a booklet at pre-op and is encouraged to start filling it in before they come into hospital.

The booklet gives space for patients to write about what they want to know, about their progress, and what questions they might have that they want to discuss.

It is designed to give patients time to document their thoughts at their own pace.

The diary is meant to enhance a positive experience by giving a platform that allows more control on the patient's own health and any decisions taken about their care.

Engagement Network

For those colleagues who are passionate about making our Trust a great place to work, we would encourage you to sign up to our new Engagement Network. To register, please email Staff Engagement & Organisation Development Adviser mark.mottashed@lthtr.nhs.uk.

Together we can make a positive difference!



Patient Experience & PALS Team



Patient Experience and PALS

C 07591 988962 **PALS@Ithtr.nhs.uk**

Monday to Friday, 9am—4pm (excluding Bank Holidays)

Follow us **9** @LthtrPals

Contacting the Patient Experience and PALS team

There are three ways for the public to raise concerns which are outlined below:

Local Resolution:

A local resolution is sorting out a problem directly with the ward or service area. This is the ideal approach to achieve a positive patient experience.

Concern:

Concerns are managed by the Patient Experience and PALS team and this process takes more time than a local resolution, which is why dealing with concerns in a timely and responsive manner leads to a better patient experience.

Complaint:

It is a person's right under the NHS Complaints Process to have a thorough investigation into any complaints raised. Our Trust standard is to respond

where practicable within 35 days of a patient, relative or carer making a complaint.

Ideally, we would like to ensure that complaining is a last resort, should a local resolution or dealing quickly with a concern not be suitable.

You can email the Patient Experience and PALS team by emailing: PALS@lthr.nhs.uk or by calling **07591 988962**. Please ensure you have the following information when contacting the team:

Patient's full name, date of birth and postal address Patient's NHS or hospital number (if known) Contact telephone number or email address

We may also require the patient to contact us to provide consent. Written consent may be requested from the patient or their next of kin.



Friends & Family post boxes

Our Friends and Family Feedback surveys provide a real opportunity for both patients and staff. From a patient perspective it allows us to see what we are doing well and how we can improve to provide excellent care with compassion. From a staff point of view, it provides us with the ability to make real changes if patients, carers, and relatives are telling us that some things are not what they expect, or where they should be.

Staff are encouraged to ask patients to either fill in the cards in areas and put them in the post box, use the QR codes in departments, or provide information when they receive a text — therefore, please ensure the patient's mobile number is up to-date.



Always Safety First Project

Karen Greenwood is a familiar face across our hospital sites. Karen is visiting clinical areas and departments to gather patient feedback regarding their experience whilst they are with us, to ensure that they feel safe and what their view of safety is. Karen will feedback to the ward or department leader to ensure that any concerns are acted upon.

This is a fantastic opportunity to improve patient experience and ensure our patients are safe, whilst providing assurance to their relatives and carers that where things do not always go to plan, we listen and take action.

Staff Side - Unions and Partnership Working

Staff Side - Unions and Partnership Working

Joint Staff Side Who & What we are & What we do Physical Professional Profession of the Profession o

Staff Side in the NHS is the interface between the various unions within an organisation. Partnership working involves Joint Staff Side Committee (JSS) & the Joint Negotiating Consultative Committee (JNCC) which consists of the following:

- The Board of Directors and Senior Management Team of the Trust (JNCC)
- Workforce Department & Education
- Accredited Trade Union and Professional Organisation Representatives (JSS)

These unions are listed as:

- British Dental Association
- British Dietetic Society
- British Medical Association
- British Orthotic Society
- Chartered Society of Physiotherapists
- Royal College of Midwives
- Royal College of Nursing
- Society of Chiropodists and Podiatrists
- Society of radiographers
- UNISON
- Unite

Overall, the role of staff side is to ensure:

A collective approach to issues such as terms and conditions of employment

Receiving advice and guidance from the various unions and organisations as appropriate

Staff Side can operate differently in each organisation according to its own constitution and terms of reference. This includes how and when its officers such as Secretary, Chair and Health & Safety Partnership Officers are chosen, who is eligible to attend and how often meetings are held at LTH — Staff Side meetings (JSS) are held on the first Thursday afternoon of each month.

The interface between Staff Side and the organisation's Executive Management side happens at the JNCC – these are known as partnership committees, these meetings occur every six weeks, JNCC has their own Terms of Reference (ToR).

Staff Side can feedback the views of staff within the organisation and can also link with other workplace committees such as: Health & Safety and Workforce Development and Education.

Partnership can be defined as a 'working relationship' which is characterised by mutual participation, professional and organisational respect, and recognition of mutual as well as separate interests. Partnership is built on a shared commitment to continuous improvement, high quality services and delivering value for money to the public.

Partnership working empowers staff to have a voice and demonstrate a shared commitment to meet the

challenges of the Trust.

It also ensures that staff are fully engaged to secure the aims and objectives of the Trust for the benefits of all, and that resources are used in the most efficient and effective manner to deliver high quality services to our patients.

You can contact Staff Side using the below contact details:

Email: JointStaffSide@lthtr.nhs.uk

Chorley and South Ribble Hospital – 01257 245314

Royal Preston Hospital – 01772 522952

Or alternatively, you can contact:

Bernadette.miller@lthtr.nhs.uk

Staff Side Chair/Partnership Officer RCN Representative

Helen.williams4@lthtr.nhs.uk

Staff Side Secretary/Partnership Officer Unison Representative

Please could all union members ensure that their contact details are correct and contact their union if they feel that these details need updating.

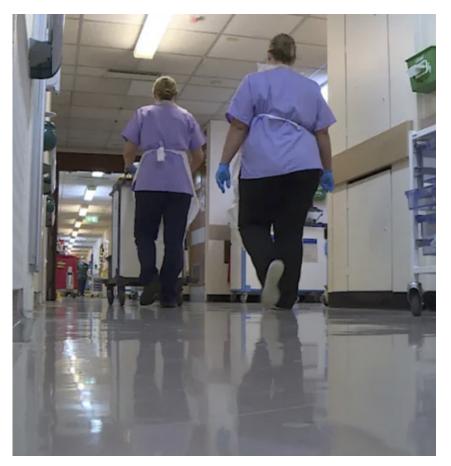
LTH in the News



Chorley dad's life prolonged by new cancer drug

A new immunotherapy drug that has shown longer overall survival rates than other treatments in patients with eye cancer is being offered by our very own medical experts on the Ribblesdale Ward at Royal Preston Hospital.

LancsLive featured the story, highlighting the case of one patient who is just the second person at the Trust to receive the treatment.



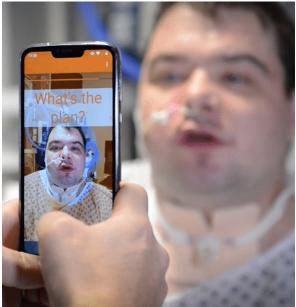
Domestic services among the unsung heroes of the COVID pandemic

Domestic service colleagues helping to keep our hospitals clean and safe, featured on ITV Granada Reports, to show what their role entails to ensure infection, prevention and control protocols are followed.



Following food from delivery to patients' plates

The Lancashire Evening Post was granted behind the scenes access at Royal Preston Hospital to follow the process from food arriving and being stored to cooking, prepping, and finally being delivered to the wards.



A voice for the voiceless

The COVID-19 Pandemic has resulted in thousands more patients being given tracheostomies as breathing tubes. These patients cannot pass air over their vocal cords, rendering them "voiceless."

Professor Shondipon Laha, Consultant in Critical Care Medicine and Anaesthesia, has been working out on the roll-out of the 'SRAVI' lipreading software that uses Al algorithms to decipher speech from lip movements.

The Mail on Sunday picked up the story, which enables patients to simply mouth words (from a predefined phrase list) into their smartphone's camera, and SRAVI app will read out what they are saying.

Neurosurgical precision... just got more precise!

The Department of Neurosurgery is celebrating the award of a PhD in Neuro-Oncology to Dr Taha Lilo (pictured), a neurosurgical research fellow

at the Royal Preston Hospital. This was in collaboration with the University of Central Lancashire and followed the successful defence of his thesis titled: "Predicting Meningioma Recurrence Using Spectrochemical Analysis of Tissues and Subsequent Predictive Computational Algorithms."

Meningiomas are the commonest primary tumours of the brain or spinal cord and are traditionally considered to be benign. While they have a good prognosis, the follow-up of meningioma patients has been a major dilemma in clinical practice. About 10% of cases can have a less favourable outcome with greater chance of recurrence. This can become disabling and life-threatening. The follow-up of a large and growing population over a very long time poses a significant burden on the health

system. The patients also face the inconvenience of having an MRI scan every year and then experience the stress of waiting for results. The aim of the research was to allow identification of patients with more aggressive disease. Rigorous follow-up could then be directed at this group. The group with the usual benign course could be given greater reassurance. This would allow healthcare resources such as MRI time and clinical appointments to be focused in a more efficient manner.

The project utilised tissue samples from Brain Tumour Northwest (BTNW) tissue bank, one of the largest in the UK. These were examined in the

state-of-the-art laboratories of spectrometrical bioanalysis in the School of Pharmacy and Biomedical Sciences of the University of Central Lancashire,

to identifying specific 'fingerprint' areas in the tissues. Analysis using complex mathematical algorithms within the environment of a cutting-edge computer software resulted in successful future prediction of tumour recurrence with machine learning technology.

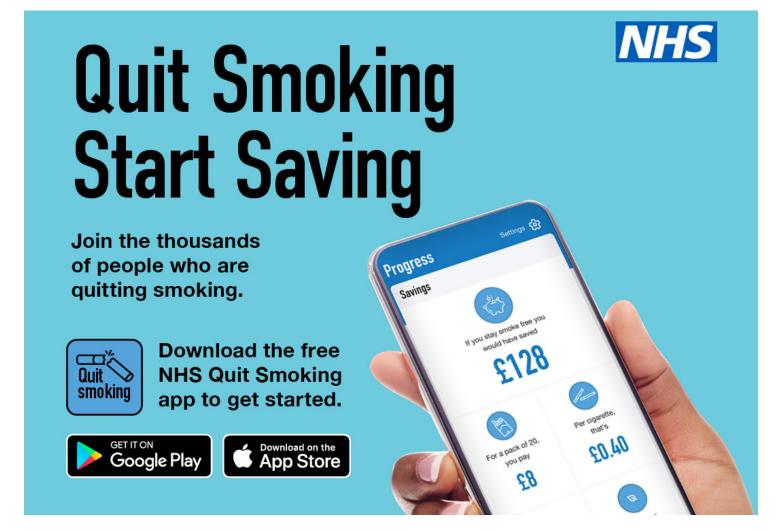
Mr Arup Ray, Clinical Director of Neurosurgery, said: "We are very pleased with this achievement that will allow us to deliver a better patient-tailored service."

Mr Charles Davis, Professor of Neuro-oncology and a neurosurgeon, said: "When we started the first meningioma clinic in UK in 1989, we were at the frontier of tailored medicine. This achievement is taking this vision to a whole new level."

Dr Tim Dawson, Professor of neuropathology and a founder of BTNW, said: "We are very thankful to the

patients and their families who made the most valuable donations of their own tissue for safe storage and use for research like this which helps patients worldwide."

Dr Taha Lilo said: "This is the product of a successful setting and long-term collaboration of the department of neurosurgery, neuropathology and BTNW, our local university and our R&D team. I am very thankful to all the patients and colleagues who contributed towards this achievement that will mark the beginning of a new era in neurosurgical care."



Charity News

Your Charity family update

Wow, what a year 2021 has been! As a charity family we had some challenges in 2020 and the start of 2021, but it is safe to say that all three charities have, and are, coming back stronger than ever.

There have been many highs but we're hopeful that 2022 will be full of more highs and our strongest year yet, especially with in person events going ahead. We can't wait to see you all again and kick our fundraising into full gear, so our team has been hard at work planning for 2022, meaning we've already got some event dates for you to put in the diary:



Great North Swim – 10-12th June NHS Big Tea – 5th July Cross Bay Walk – 9th July Skydive – 27th August

Great North Run 11th September Preston 10k – 25th September

Rainbow Run - October 2022

To see what other events are to come, or to set up your own event, please visit our website or contact us on **charity@lthtr.nhs.uk** or **01772 528500.**



Cross Bay Walk - 5th June

Classic Cars on Lytham Green - 19th June

Fylde Vintage, Steam and Farm Show – 2nd and 3rd July

The Taps Bike Ride, Lytham - 3rd July

Downham Hall Open Gardens – 7th August

City of Preston Road Races - 14th August

Great North Run - 11th September

Walk the Lights, Blackpool – 7th October

To see what other events are to come or to set up your own event, please visit our website or contact us on **rosemere@lthtr.nhs.uk** or **01772 522913**.



NHS Big Tea – 5th July Cross Bay Walk – 9th July

Grand Day Out, The Flower Bowl Entertainment Centre – 13th July

Baby Loss Awareness Week, including our Walk of Remembrance - October 2022

To see what other events are to come or to set up your own event, please visit our website or contact us on **babybeatuk@lthtr.nhs.uk** or **01772 524414**.







Lancashire Teaching Hospitals Charity News



Supporting world class treatment, research and outstanding care



D&G Builders - Corporate Partner of the Year Award

LTHC were delighted to present their very first Corporate Partner of the Year Award to their longest corporate supporter.

Local Chorley-based company D&G Builders & Joiners Ltd has gifted or donated £52,701.88 to LTHC, helping to provide additional care and support for patients and staff that would not be covered by core funding.

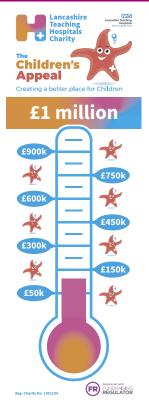
Since the start of the COVID-19 pandemic, D&G Builders & Joiners Ltd has helped to uplift hospital environments for patients and staff and has been an avid supporter of the Charity's Children's Appeal, taking part in challenges and donating toys and crafts to the Children's Services.



Brand new Lottery!

LTHC is getting ready to launch its very own Lottery! From just £1 per week, you can be in with the chance of winning an amazing £25,000.

More information will be announced very soon so keep a look out on the charity website and social media channels to help make a difference to the thousands of patients treated at our hospitals every year.





Children's Appeal Update

Support for your hospital charity is growing day by day. Since the Children's Appeal launched in May 2021, there has been countless supporters and donors, including many colleagues, who have got involved to show their support. Many have set themselves their own personal challenge, whilst others have signed up for charity events, while some businesses have chosen LTHC as their 'Charity of The Year,' dedicating every charitable act they carry out in their company to the appeal.

Easter Donations to Children's Services



Reggie spent his Easter on Ward 8 this year, and like many other young patients in our children's services, he still had a cracking time thanks to the donation of hundreds of chocolate eggs and Easter craft kits by the local community.

Thanks to the many donations received, there were enough Easter eggs and crafts for children across the Trust, and a few for outreach services such as the Motor Neurone Disease team, where family support officer, Catriona Bamber, took eggs for the children of families with a parent affected by the disease.

Broadoaks Child Development Centre Play Area

A dedicated play assessment area is underway that will help the clinical teams at Leyland's Broadoaks Child Development Centre better assess the physical and mental health needs of their young patients.

The project is expected to cost around £150,000 and will make a huge difference to both staff and patients.

A wish list of items for the play area has been put together by our clinical colleagues, which includes:

- A Jukebox Plus (Playground Tower with Slide)
- A Timber Adventure Trail
- Loudspeakers
- An Inclusive Orbit
- Stepping Logs & Single Balance Beam
- A Scramble Climber
- A Wavy Mirror Play Panel
- A Musical Play Panel
- And a Noughts & Crosses Play Panel.



Baby Beat news



Supporting Babies & Mothers across Lancashire & South Cumbria



Midwife tackles Yorkshire Three Peaks

Midwife Jo Buxton took on an epic challenge to raise for funds for Baby Beat.

Jo, a midwife of five years, tackled the gruelling Yorkshire Three Peaks - Pen-y-ghent, Whernside and Ingleborough to raise funds to support life-changing projects. Jo managed to exceed her £100 fundraising target and raised a wonderful £130! Thank you. Jo!



Life-saving baby resuscitation unit

Baby Beat has funded a life-saving baby resuscitation unit for the Emergency Department at Royal Preston Hospital.

The Panda Resuscitaire unit will ensure babies born in the emergency department are kept warm and safe before being transferred to the Neonatal Intensive Care Unit.

The unit, which costs around £15,000, has been funded thanks to fundraising efforts by Baby Beat and its supporters and donors, along with grants of £1,000 from the Risley Medical, Research and Charity Trust Fund and £2,000 from the Harold and Alice Bridges Charity.



Thousands Raised in Memory

Primary school teacher Kate Bell, from Penwortham, presented a cheque for an incredible £16,051!

Kate raised the money in memory of her baby triplets Ava, Elsie, and Orla, and in thanks for the care she and her family received here at the Trust following their birth. The baby girls were born prematurely in March 2020 and were cared for by the dedicated clinical team on our Neonatal Intensive Care Unit (NICU).

The funds raised in memory of Ava, Elsie, and Orla, will be used to purchase specialist equipment for our neonatal unit, to benefit the babies and families cared for there each day. Thank you, Kate, and all who helped with this amazing feat of fundraising.



Mother's Day Thank You

This year's Mother's Day campaign raised over £2,000 to help fund life-changing projects for the babies and mums that are cared for by our wonderful colleagues.

More than 100 gifts were also donated on Mother's Day to the maternity, neonatal, and gynaecology units at Royal Preston Hospital, and to Chorley Birth Centre, which included chocolates and toiletries, to hopefully make their time in hospital a little more comfortable.

The Baby Beat charity team would like to say a huge thank you to all donors and colleagues who contributed to the campaign.

Rosemere news



Walk in the Dark Success

The flagship fundraiser was back this year, and the Rosemere Cancer Foundation were overjoyed to see over 250 wonderful walkers taking part in the 11-mile trek from Chorley to Preston.

The event has managed to raise an incredible £20,000 which will help make such a difference for local cancer patients.

Dental consultant Mr Kevin Mellan was the first finisher! Thank you to all supporters and donors, including Eric Wright Group and the Estates and Facilities Division at our Trust.



Rosemere brings music to patients' ears



In addition to the installation of virtual sky ceiling panels in the radiotherapy treatment rooms, Rosemere is delighted to have added to the calming ambiance they provide by enabling patients undergoing radiotherapy the ability to listen to their own personal playlist to help them relax during their treatment session.

Therapeutic Radiographers Olivia Ashby and Victoria Miller initiated the idea, with Rosemere funding nine iPod

Touches, nine Bluetooth speakers and a year-long Spotify Premium subscription, at a cost of £2,106.

The Rosemere Cancer Centre delivers almost 1,000 radiotherapy sessions for patients from across the region each week and this will make a difference to so many patients.



Rosemere's Ramadhan Challenge

Consultant Respiratory Physician, Professor Mohammed Munavvar, encouraged colleagues who would not normally fast throughout the month of Ramadhan to join him, and several Muslim colleagues, on a day-long fast to learn more about the meaning behind Ramadhan, and to raise funds for Rosemere through sponsorship.

The group fast saw colleagues from across the Trust taking part, including Medical Director Gerry Skailes, colleagues from the clinical research team,

the Nursing, Midwifery & AHP Director Sarah Cullen, and Chief Information Officer Stephen Dobson. They were supported on their challenge by Professor Munavvar and the Trust Imams, and all the wonderful food supplied for the breaking of their fast at sunset was kindly donated by Muslim colleagues.

The event has raised over £700 for Rosemere – thank you to everyone who got involved!

Recruitment



Together we make amazing things happen @lancshospjobs

www.jobs.lancsteachinghospitals.nhs.uk/

Our Recruitment Team

Our Trust's Recruitment Team work tirelessly behind the scenes to find, assess, and recruit new staff members to join our organisation for the many vacancies we have and ensure all our managers have access to the tools and advice they need to ensure our recruitment activity is robust and safe.

Here are a few useful resources for you to explore further:

Recruitment intranet page: The team has their own intranet page which is full of useful advice and tools.

Help with writing a job advert: They have produced a useful advert writing guide which is fun, informative and will definitely make you think differently when you put pen to paper.

Help for managers: They have developed a new toolkit for managers with colleagues in Organisational Development around the interview and selection process.

Help applying for a role: They have produced a new Applicant Guide which is now attached to every Trust vacancy and is proving really beneficial. There is an e-learning course which was developed with colleagues in Widening Participation to help both internal and external applicants complete their application forms.

Keep up-to-date with the latest vacancies

The Recruitment Team manage three social media jobs pages where people can see the roles our Trust has on offer 24 hours a day, 365 days a year:

Facebook: LancsHospJobs

Twitter: @LancsHospJobs

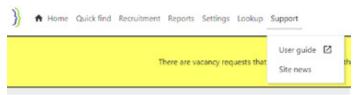
Instagram: lancshosnioh

Our vaccines can be viewed here: https://www.lancsteachinghospitals. nhs.uk/join-our-workforce

Hints and Tips from Recruitment

Recruiting Managers:

- Avoid delays by sending all the correct information to us when we are facilitating your interviews. Typical things we need to chase on are 'number and kinds of assessments for your candidates' — this causes delays in the interviews being set up.
- Make sure you include your proposed interview date as it reduces time to hire. If the authorisation process takes longer than you expect then you just need to let us know at recruit@lthtr.nhs.uk and we can update the date to a new one.
- You can find guidance notes in TRAC to help you rather than ringing the team which we know are not always easy to get through owing to the fact they are having to work across several sites/locations. Just log in to TRAC, click Support from the menus at the top and select 'User Guide':



All staff:

- Our vacancies gain wider audiences when colleagues share, so please play your part in sharing our vacancies and helping us encourage people to follow us on social media
- Please use the e-learning course if you are completing an application form. Application form quality has really dropped, and we get many

- queries asking why people are not shortlisted, and it is usually down to a lack of information on their application form identifying they meet the essential criteria on the person specification
- Get involved in interviewing as you will learn loads of new skills and of course help choose the new staff that join us. If you are a clinical colleague, you can contact Amie in Recruitment to help support on our Healthcare Assistant and Bank interviews: amie.gardner@lthtr.nhs.uk



Our **Recruitment Team** is always on hand to advise, support, challenge, and come out and visit where they can to ensure the very best recruitment activity is undertaken. You can also contact them via MS Teams. They also get out into our communities to share our vacancies and provide visible support, as Will and Amie did at a Healthcare Recruitment Day in Preston in May 2022.

Awards, Achievement and Recognition



Chief Executive awarded OBE in New Year Honours

Chief Executive, Kevin McGee, was named in this year's New Year Honours list.

Kevin was, until September 2021, the joint CEO of East Lancashire Hospitals NHS Trust and Blackpool Teaching Hospitals NHS Foundation Trust and has received the Order of the British Empire (OBE) for his services to the NHS.



Former student nurse defies all odds

From as early as she can remember, Felecia Benn had always hoped to become a nurse, which she attributes to her two great aunts, who worked as midwives in the native village of Guyana, South America.

Felecia joined the Trust as a pre-nursing apprentice in 2016, initially on the Urology ward at Royal Preston Hospital, where she gained a Level 3 qualification in Health and Social Care. Very quickly, Felecia rose through the ranks, progressing into more advanced roles, including that of an Assistant Practitioner, before she was encouraged to apply for the Registered Nursing Degree Apprenticeship.

Felecia, who has now completed the programme and will graduate with a first-class, will be joining the Urology ward, the area she first started out on.



Dr Ruth Board becomes a UCLan Honorary Clinical Professor

The University of Central Lancashire (UCLan) has bestowed a prestigious academic title on a Preston-based skin cancer specialist.

With more than 20 years' experience in her chosen field, Dr Board is the oncology Lead for the treatment of skin cancers across Lancashire and South Cumbria and is the Lead for Systemic Anti-Cancer Therapy at our Trust.



The habit of a lifetime

Sister Anne retired from being a volunteer at our Trust in March after 24 years of loyal uninterrupted service.

Presented with flowers from the Chaplaincy team and volunteers, between her many media interviews, Sister Anne reflected on her time here.

She said: "I've tried to do my best to represent this department as a friend. To help our patients and colleagues who both wanted and needed to talk. Many at a time when they were possibly addressing their own mortality.

"I have been a nun all my life and have made my oath of obedience, that dictates that I now retire to our retirement home, the Wisdom Centre in Romsey that continues the ministry of the Daughters of Wisdom, on the site of La Sagesse Convent.

"I hope I have made a difference to the department."

Clinical Research Training Fellowship Award

Speech & Language Therapist, Sarah Edney, has been awarded a Clinical Research Training Fellowship by 4ward North PhD Scheme. The prestigious fellowship combines research with clinical practice. Places are extremely competitive and over the next three years Sarah will be provided with opportunities to launch a successful clinical academic career. Congratulations, Sarah!

Awards, Achievement and Recognition



Head of Research & Innovation appointed Interim Director of UKCRF Network

The UK Clinical Research Facility Network (UKCRF Network) has appointed Paul Brown to the role of Interim Director.

Currently Head of Research and Innovation at our hospitals, Paul oversees the NIHR Lancashire CRF and is also co-chair of the NIHR North West Coast Clinical Research Network Research and Development Forum.

In partnership with all relevant stakeholders, the Network promotes the UK as the place for broader investment in and economic growth from health research.



Research Matron represents North West at Women of Year Awards

This year, the Women of the Year Luncheon & Awards presented a special accolade to the Women of the NHS, in recognition of their unwavering dedication, commitment and compassion to society.

An inspiring group of NHS workers which included nurses, midwives, consultants, and surgeons collected the award, having been chosen by Chief Nursing Officer for England, Ruth May, and her team from specialist healthcare areas.

One of those selected to attend was our very own Research Matron, Katrina Rigby, who was nominated to Ruth's team by Professor Alex Heazell, a Senior Clinical Lecturer in Obstetrics and Clinical Director of the Tommy's Stillbirth Research Centre.

National NHS Payroll Conference

The Employee Services Team took home many awards at this year's NHS Payroll Conference awards!

Rising Star Award – Naomi MacLeod

Highly Commended Rising Star – **Ryan Woodcock**

Payroll Professionals of the Year Award
— Patricia Butler and Damien
Greenhalgh

Highly Commended Award for Innovation — Our Staff Benefits Platform, capturing EAP, Health and Wellbeing and Staff Engagement Functions

The conference is attended by Payroll and Pension representatives from NHS Trusts across England and Wales and these awards are recognition of all the hard work and commitment of everyone in the Employee Services Department.



Celebrating three years of Physician Associates

The Trust welcomed Physician Associates to Royal Preston and Chorley & South Ribble Hospital in January 2019, and the additional support has proved to be a vital and stable resource during the coronavirus (COVID-19) pandemic.

Three years since welcoming the first recruits, we now have 11 Physician Associates who work across multiple divisions at both hospital sites, including orthopaedics, neurosurgery, gynaecology, and medicine.

Physician Associates are medically trained, generalist healthcare professionals who provide continuity of medical care in primary and acute healthcare settings. The role complements wider multidisciplinary teams, with Physician Associates working under the supervision of experienced doctors to provide continuity of care to patients, including diagnostic and management care plans.



Our Trust named Large Business Employer of the Year 2022

Our Trust has been named Large Business Employer of the Year at the Lancashire Apprenticeship Awards 2022.

The annual awards recognise employers across the region that have integrated apprenticeships into the workforce and celebrates the achievements of apprentices making a difference in their workplace.

Taking home the award for Large Business Employer of the Year, this category recognises businesses with a workforce of more than 250 employees providing apprenticeship opportunities.

PEARL AWARDS WINNER

Allied Health Professionals winners

The Lancashire and South Cumbria Allied Health Professional (AHP) Faculty launched the PEARL awards in November 2021. PEARL stands for 'Practice Education Award for Reimagining Learning'.

All 5 Trusts in Lancashire and South Cumbria can nominate AHP Practice Educators for the awards and they are independently judged by people/teams working externally e.g., for Health Education England or local Higher Education Institutes.

Lancashire Teaching Hospitals has won four out of the six awards!

The following individuals have been successful:

Liz Bury (Occupational Therapist - Hand Therapy) - For delivering a hybrid virtual learner placement. (November 2021)

Angela Alty (AHP Digital Placement Expansion Lead) - For leading the implementation of multiple innovative placements. (January 2022)

Radiotherapy and Research Team - For setting up and delivering an integrated Radiotherapy and Research placement. (February 2022)

Tom Welton (Practice Education Lead Diagnostic Radiography) - For proactively engaging in the use of virtual reality as a learning tool. (April 2022)

North West Blood Bikes celebrate 10 years' service

North West Blood Bikes' delivery of vital NHS supplies has continued round-the-clock for ten years regardless of appalling weather, snarled traffic, and back-to-back pandemic lockdowns.

The stunning milestone means the riders have taken blood between hospitals across the North West and the southern Lakes on average at least once an hour, every hour, for over 3,600 days. During a busy 12-hour shift the service can be called out more than 70 times, or once every ten minutes.

Health trust transport bills for moving blood and other urgent supplies including donor breast milk, operating theatre equipment, platelets and tissue samples have been slashed by more than £10,000 each week since the service was formed in 2012.

The total £6.3 million that would have been spent on taxi and courier deliveries is now freed up for vital patient equipment and services.

To commemorate the milestone, the charity lit-up Blackpool Tower.



Estates and Facilities Division nominated for national award

The Estates and Facilities Division have been shortlisted at this year's Health Estates and Facilities Management Association (HEFMA) awards.

The awards aim to recognise the dedicated work and achievements of staff working within NHS Estates and Facilities Management departments over the past year, with nominations from across six different categories.

The name was shortlisted in the category for Project of the Year; a nod to the exemplary efforts of the Trust's Estates and Facilities division to assemble the Nightingale Surge Hub Preston, with local NHS teams.

Service & Site Developments



Nightingale Surge Hub Preston provides additional capacity

The Nightingale Surge Hub Preston was constructed in preparedness of a potential wave of COVID-19 Omicron admissions earlier this year.

The Nightingale Surge Hub Preston has provided NHS resilience to help de-escalate system-wide pressures and is now being used to accommodate low acuity non-COVID patients who do not require acute hospital care. The facility will remain open until the end of June 2022.



Building work underway at new kidney disease centre in Blackburn

Building work is progressing on the site of a new centre for people with kidney disease.

Our Trust, which is responsible for providing renal services across Lancashire and South Cumbria, has partnered with East Lancashire Hospitals NHS Trust to build a new renal dialysis centre on the Royal Blackburn Teaching Hospital site.

Dialysis is a treatment to remove waste products and extra fluid from the blood and is given to patients whose kidneys have stopped working properly. The purpose-built facility will feature 24 dialysis stations as well as clinic facilities.



Memorial Garden project given the green light

A Memorial Garden aimed at providing a lasting tribute to lives lost has been selected by Aviva to benefit from its community fund.

The Aviva Community Fund celebrates and supports charities doing great work all over the UK, providing thousands of causes with funding, skills, and resources to help them develop and innovate in this time of need.

Lancashire Teaching Hospitals Charity want to create a space for people to remember those who have given the gift of life, highlighting the importance of organ and tissue donation across the region, as well remembering those sadly lost throughout the COVID-19 pandemic.













Improving our spaces to enhance patient experience

The Communications Team and Estates and Facilities Department have been working together to make public spaces in our hospitals more welcoming.

Improvements have included installation of new informational signage, installation of new artwork, addition of new digital signage screens, removal of out-of-date posters, standardisation of IPC signage, painting and other maintenance work, and more.

There are further improvements on the way in the coming months, including the refurbishment of the Gordon Hesling Entrance at Royal Preston Hospital and installation of further improved signage and artwork installations across both sites.

Keep an eye out for more changes as you're moving around our hospitals.

- New artwork celebrating Captain Sir Tom Moore's support for Lancashire Teaching Hospitals Charity
- The timeline telling the story of the Trust's Continuous Improvement journey
- Informational signage recognising the work of our Continuous Improvement team and Always Safety First project
- The freshly repainted entrance to the Children's Clinic
- The Trust's new Safety Bulletin is displayed on the walls at various locations across the two sites
- Improved signage at the main entrance at Chorley



Rest & Recreation – You Said, We Did

Did you know we have more than 15 outdoor seating areas located across both of our hospital sites?

We recognise the importance of rest and breaks for our colleagues, and we are working hard to deliver improved rest and recreation spaces for you. We are aware of the strong links that rest and breaks have not only to health and wellbeing, but also to your ability to practice effectively and provide good quality care for our patients.

We have been able to deliver lots of projects so far, many of which been made possible thanks to the generous support of Lancashire Teaching Hospitals Charity.

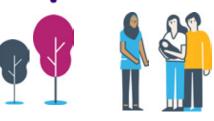
- Sleep Pods
- Changing Cubicles
- Outdoor seating
- Quiet Rooms
- Revamped Break Areas

Coming in 2022 - we have some major priorities within our programme of works, including bringing you access to on-site gyms, a refreshed colleague break space in Charters restaurant, more outdoor rest spaces and improved team break areas. We are also working collaboratively with our Catering team around access to healthy eating options including reviewing our out of hours provision.

Lancashire & South Cumbria

New **H**ospitals

Programme







Opportunity for you to shape the future of healthcare in our region

It has been a busy time for the New Hospitals Programme, reaching an important milestone in transforming care and reducing health inequalities for local people. In March 2022, a shortlist of proposals was published to address some or all of the main challenges facing Royal Preston Hospital and Royal Lancaster Infirmary, with investment in Furness General Hospital (established as the priority for investment through the Case for Change). The shortlisted proposals are:

- A new Royal Preston Hospital on a new site, with partial rebuild/ refurbishment of Royal Lancaster Infirmary
- A new Royal Lancaster Infirmary on a new site, with partial rebuild/ refurbishment of Royal Preston Hospital
- Investment at both Royal Lancaster Infirmary and Royal Preston Hospital, allowing partial rebuilding work on both existing sites
- Two new hospitals to replace Royal Lancaster Infirmary and Royal Preston Hospital (new sites)

Each of these proposals also includes investment in Furness General Hospital.

The draft shortlist was arrived at by a team of experts and stakeholders, including patients, at a workshop which took place in February 2022. This workshop ensured that key stakeholders were involved in decision making and could challenge and assist to shape the direction of proposals.

Members of the public have had the opportunity to have their say on proposals, and the shortlist reflects extensive feedback gathered from more than 12,000 local people, patients, NHS staff, community representatives and stakeholders over the last year, using online workshops and surveys, public opinion research, focus groups, and in-person events and meetings. MPs and local authorities have also been kept up-to-date with progress.

Following detailed analysis of each shortlisted option's feasibility, the programme will follow a clear process over the coming months, with scrutiny and approvals needed from decision makers within the NHS, the government and local authorities, and ongoing patient and public involvement, before the preferred option is agreed. The programme aims to complete the building of new hospital facilities by 2030.

Find out more on the New Hospitals Programme website https://newhospitals.info/. You can also join in the conversation with the New Hospitals Programme on Twitter @NewHospitalsLSC and like the New Hospitals Programme on Facebook search NewHospitalsLSC.







